



(FORMERLY KNOWN AS NEHRU COLLEGE OF NURSING)

5.1.2 Capability enhancement and development schemes employed by the Institution for students

1. Soft skills development
2. Language and communication skills development
3. Yoga and wellness
4. Analytical skill development
5. Human value development
6. Personality and professional development
7. Employability skills development

[5.1.2 CAPABILITY ENHANCEMENT AND DEVELOPMENT 2019-20.pdf \(pkdascollegeofnursing.com\)](#)

Name of the capability enhancement scheme	Page No.
ACADEMIC YEAR 2019-20	
Soft skills development	
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A study to assess the mental wellbeing and its associated factors among migrants in Ottapalam town Palakkad	117
Effectiveness of structured teaching programme on knowledge and attitude regarding management of diabetes mellitus among family members I selected areas at Arani	124
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P. K. DAS COLLEGE

PANAYIRUPOLYANIVAMIKULAM, PALAKKAD - 670522

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(FORMERLY NEHRU COLLEGE OF NURSING)

ACADEMIC YEAR

2019-2020



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NCN/CIR/PDP/112/19/16

02-08-2019

CIRCULAR

Nehru College of Nursing is organizing 'PROBLEM SOLVING APPROACH' on 05-08-2019 at Multipurpose Hall, Nehru College of Nursing. All are instructed to attend the same.

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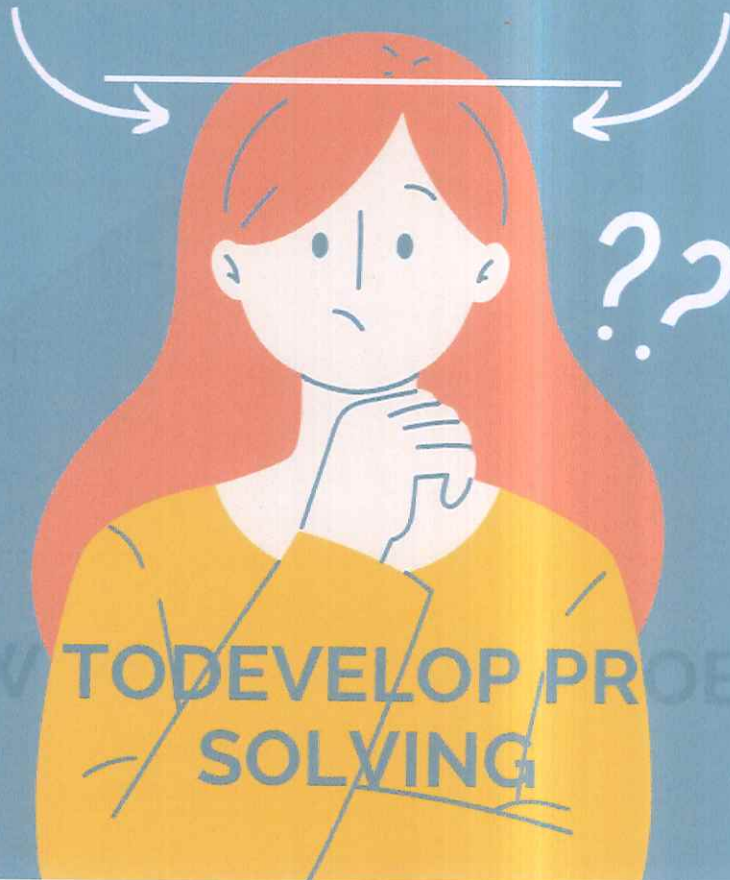
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NEHRU COLLEGE OF NURSING

MULTIPURPOSE HALL

05/08/2019



HOW TO DEVELOP PROBLEM SOLVING



G. Govind

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PROBLEM SOLVING APPROACH

Problem solving is a method of defining the problems, causes, identifying, prioritizing and selecting alternative and implementing a solution to problems. When any ethical dilemma occurs in clinical setting, nurse need to take immediate decision in order to solve the problems. Here comes the importance of problem-solving approach in nursing. Nehru College of Nursing conducted session on problem solving approach for final year nursing students on 05/03/2019 at 2.00 pm Dr. Sreekumaran Nair, Principal, Jawaharlal College of Engineering and Technology, was the resource person. The sessions were very interesting, useful and informative.

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PANAYUR (PO) VANIAMKULAM

ATTENDANCE SHEET (2017-2021) PROBLEMSOLVING

APPROVED - 05/02/19

NO	NAME	SIGNATURE
1	Akhila.K.S	
2	Anamika.P.S	
3	Angel Thomas	
4	Anjana Suresh	
5	Anjana.T.R	
6	Anshid Rahman	
7	Aswitha Paulose	
8	Chelsy Saju	
9	Gloriya Sunny	
10	Jewel Jose	
11	Jomol.V.Salamon	
12	Noufiya.K.P	
13	Rajendran.R	
14	Rosmy Vincent	
15	Sandra.U.S	
16	Shobitha Jose	
17	Aleena Rose Siby	
18	Aleena Thomas	
19	Alkesh.P.J	
20	Alvy Paul	
21	Anjana Jolly	
22	Archana.K.S	
23	Ashique.v	




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PANAYUR (PO), VANIYAMKULAM



FEED BACK FORM

Name: *BITTY Biju Shibu Shaju*

Date: ⁰⁵ ~~28~~ / 8 / 2019

Name of the Programme *PROBLEM SOLVING APPROACH*

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme			✓		
2	Organization of programme			✓		
3	Relevance			✓		
4	Presentation			✓		
5	Interactive session			✓		
6	Team work performance			✓		
7	Professional competence within the programme			✓		
8	Usefulness in your future career opportunities			✓		
9	Overall experience in the programme			✓		
10	Information sharing to others			✓		

General comments and Suggestions:

Signature: *[Signature]*
Name: *Shibu Shaju*



[Signature]
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FEED BACK FORM

Name: D. YAROSE P.K.

Date: 05/01/2019

Name of the Programme: PROBLEM SOLVING APPROACH

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme			✓		
2	Organization of programme			✓		
3	Relevance			✓		
4	Presentation			✓		
5	Interactive session			✓		
6	Team work performance			✓		
7	Professional competence within the programme		✓			
8	Usefulness in your future career opportunities		✓			
9	Overall experience in the programme		✓			
10	Information sharing to others		✓			

General comments and Suggestions:

Signature: [Signature]

Name: D. YAROSE P.K.



[Signature]
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NCN/CIR/PDP/112/19/12

09-06-2019

CIRCULAR


Nehru College of Nursing is organizing 'COMMUNICATION TECHNIQUES' on 12-06-2019 at Multipurpose Hall, Nehru College of Nursing. All are instructed to attend the same.

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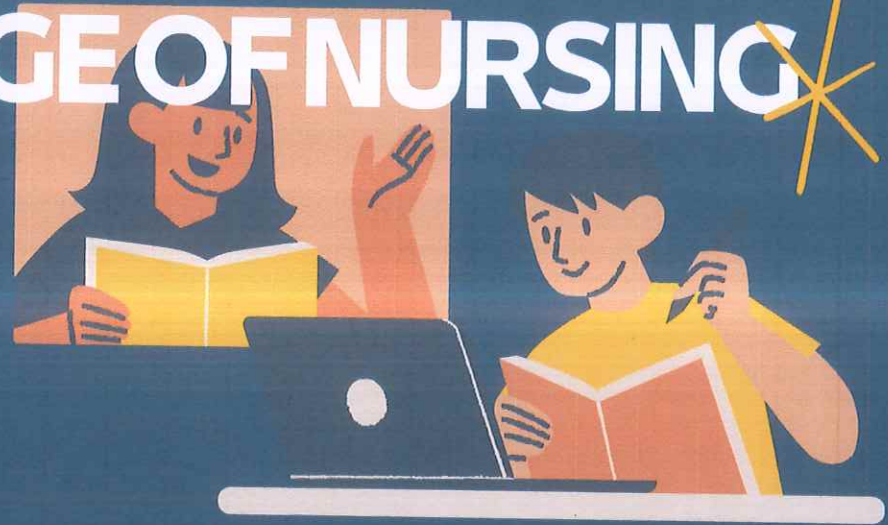



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communication techniques

date:12/06/2019
venue:multipurpose hall NCN



Gp-Sim
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COMMUNICATION TECHNIQUES

Communication Techniques is very essential for conveying Therapeutic message between patient and nurse. The various communication techniques include verbal, non-verbal written and oral listening and visual communication etc. Hence Nehru College of Nursing conducted communication techniques symposium on 12.06.2019 by Prof. Tamilselvi P for all the second year B.Sc. Nursing students. The session is very interesting and useful for students.




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PANAYUR (PO) VANIYAMKULAM

ATTENDENCE SHEET (2017-2021)

12/06/2019

Communication
Technique

NO	NAME	SIGNATURE
1	Akhila.K.S	Akhila
2	Anamika.P.S	Anamika
3	Angel Thomas	Angel
4	Anjana Suresh	Anjana
5	Anjana.T.R	Anjana
6	Anshid Rahman	Anshid
7	Aswitha Paulose	Aswitha
8	Chelsy Saju	Chelsy
9	Gloriya Sunny	Gloriya
10	Jewel Jose	Jewel
11	Jomol.V.Salamon	Jomol
12	Noufiya.K.P	Noufiya
13	Rajendran.R	Rajendran
14	Rosmy Vincent	Rosmy
15	Sandra.U.S	Sandra
16	Shobitha Jose	Shobitha
17	Aleena Rose Siby	Aleena
18	Aleena Thomas	Aleena
19	Alkesh.P.J	Alkesh
20	Alvy Paul	Alvy
21	Anjana Jolly	Anjana
22	Archana.K.S	Archana
23	Ashique.v	Ashique




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24	Divya.P.K	<i>Divya</i>
25	Dona Joseph	<i>Dona</i>
26	Jesiny Joy	<i>Jesmy</i>
27	Jesna Devis	<i>Jesna</i>
28	Linu Lanimon	<i>Linu</i>
29	Manisha.P.M	<i>Manisha</i>
30	Mereena Mathew	<i>Mereena</i>
31	Nimisha Biju	<i>Nimisha</i>
32	Rincy.P.M	<i>Rincy</i>
33	Saranya Chandran	<i>Saranya</i>
34	Shilu Shaju	<i>Shilu</i>
35	Shinas.P.P	<i>Shinas</i>
36	Sreechithra.C	<i>Sreechithra</i>
37	Tincy.N.T	<i>Tincy</i>
38	Vinaya.S	<i>Vinaya</i>
39	Vishnupriya Soman	<i>Vishnu</i>
40	Jidhin V	<i>Jidhin</i>



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FEED BACK FORM

Name: Divya-P.K.

Date: 12/06/2019

Name of the Programme: COMMUNICATION TECHNIQUES

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme	/				
2	Organization of programme	/				
3	Relevance	/				
4	Presentation	/				
5	Interactive session	/				
6	Team work performance	/				
7	Professional competence within the programme	/				
8	Usefulness in your future career opportunities	/				
9	Overall experience in the programme	/				
10	Information sharing to others	/				

General comments and Suggestions:

Signature:

Name: Divya



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FEED BACK FORM

Name: Deena Joseph

Date: 12/06/2019

Name of the Programme: Communication Techniques

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme	/				
2	Organization of programme	/				
3	Relevance	/				
4	Presentation	/				
5	Interactive session	/				
6	Team work performance	/				
7	Professional competence within the programme	/				
8	Usefulness in your future career opportunities	/				
9	Overall experience in the programme	/				
10	Information sharing to others	/				

General comments and Suggestions:

Signature:

Name: Deena



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NCN/CIR/PDP/112/19/14

17-06-2019

CIRCULAR

Nehru College of Nursing will be organizing 'INTERNATIONAL YOGA DAY' on 21-06-2019 by AYUSH gram project at Multipurpose Hall, Nehru College of Nursing. All are instructed to attend the same.

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01/06/2019 - 31/05/2020.



 **NEHRU COLLEGE**
of **NURSING** 
Since 1968

YOGA

BODY · MIND · SPIRIT

Yoga Demonstration by

Acharya Sagar Chand
School of Yoga
Palakkad

Venue:
Nehru College of Nursing
20/06/2019 @ 8.00 am

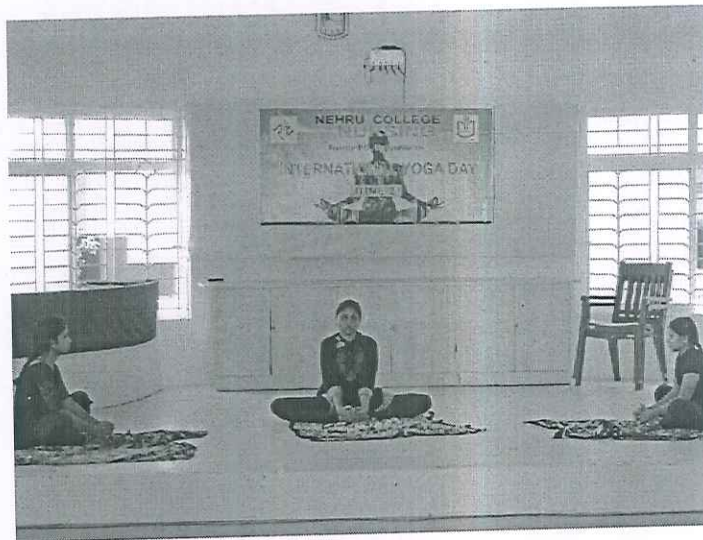



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Report of Yoga Demonstration

Understanding the importance of yoga practice in daily life, yoga demonstration is organized for all the students of Nehru College of nursing, Vaniyamkulam on 20/06/2019 at 8 am. The session was started with welcome address. Awareness on benefit of yoga practice was given by Prof. Tamilselvi P, Principal, Nehru College of Nursing. Acharya Sagar Chand, School of Yoga, Palakkad gave yoga demonstration at college auditorium to all the nursing students which they could follow and practice at their daily life. All participants gave a feedback of feeling freshness after the yoga session. The session ended with a vote of thanks.



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Prepared by

Verified by

Authorized by

Signature : *[Handwritten Signature]*
Name : Ms. Sruti S
Designation : Nursing Tutor

Signature : *[Handwritten Signature]*
Name : Mr. Abdul Nisthar T A
Designation : Associate Professor

Signature : *[Handwritten Signature]*
Name : Lt. Col. (Mrs.) Regina P F
Designation : Associate Professor



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ATTENDANCE SHEET

Topic: *Yoga demonstration* Date: *20/06/19* Venue: *College Auditorium*

SI	Name of Students	Batch
1.	Adithya .P	IV year
2.	Aiswayra. A	IV year
3.	Aiswarya. V. Nath	IV year
4.	Aneesha.M.M.	IV year
5.	Anju. V	IV year
6.	Arjun Babu.P	IV year
7.	Arya.C	IV year
8.	Aswathy.M.N.	IV year
9.	Athira.C	IV year
10.	Athira.V	IV year
11.	Athulya.S	IV year
12.	C.M. Kavya	IV year
13.	Della Abraham	IV year
14.	Ebitha.V.O	IV year
15.	EmyEldho	IV year
16.	Hima.A	IV year
17.	IvinSona George	IV year
18.	Jiyamol Thomas	IV year
19.	Mohammed Roosafeed	IV year
20.	Mridula. M	IV year
21.	Niya Abraham	IV year
22.	Pooja.K.R.	IV year
23.	RamyaRajan	IV year
24.	Reshma Raju	IV year
25.	Sandra Chandran. P	IV year
26.	Saranya.K	IV year
27.	Shincy Thomas	IV year
28.	Silpa P.K.	IV year
29.	Smrithi.T.K.	IV year
30.	SnehaSaju	IV year
31.	Sruthi.M.M.	IV year
32.	Uma Suresh	IV year
33.	UsmanulHakkeem C.P.	IV year

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Signature :

Name : Ms. Sruti S

Designation : Nursing Tutor

Verified by

Signature :

Name : Mr. Abdul Nisthar T A

Designation : Associate Professor

Authorized by

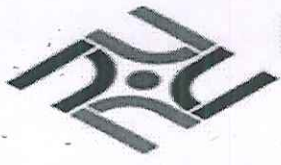
Signature :

Name : Lt. Col. (Mrs.) Regina P F

Designation : Associate Professor



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34.	Vidya.K	IV year
35.	Vineetha.P.Vinod	IV year
36.	Vrinjisha. V.C	IV year
37.	Ajeesh. A	IV year
38.	Gayathri. K.V.	IV year
39.	Aneesha V	IV year
40.	Shabnam. T.K.	IV year
41.	Abhimanyu .D	III year
42.	Ajith .R	III year
43.	Akhila .A	III year
44.	Akhila.M	III year
45.	Anjali Krishna.C	III year
46.	Anjana.M.S	III year
47.	Anju Babu	III year
48.	AnumolYacob	III year
49.	Ardra.M	III year
50.	Arya Mathai	III year
51.	Bindhiya Benny	III year
52.	DeniyaGhilby	III year
53.	Dibila Biju	III year
54.	Fathima T.A	III year
55.	Gopika K	III year
56.	Jeshma T.K	III year
57.	Athira P.A	III year
58.	Krishna.K	III year
59.	LibaCheriyam	III year
60.	MerySaliga P.R	III year
61.	Muhammed Arshad K.T	III year
62.	Neena Chacko	III year
63.	Praveena Paul	III year
64.	R.V.Vyshnavi	III year
65.	Saranya.V	III year
66.	Shabana.M.S	III year
67.	Shalu Varghese	III year
68.	Shyma Jose	III year
69.	Shyma.P.Shajan	III year



G. Srini
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KERALA - 679522

Prepared by

Verified by

Authorized by

Signature :

Signature :

Signature :

Name : Ms. Sruti S

Name : Mr. Abdul Nisthar T A

Name : Lt. Col. (Mrs.) Regina P F

Designation : Nursing Tutor

Designation : Associate Professor

Designation : Associate Professor



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70.	Sreeja.S	III year
71.	Sreelakshmi.B	III year
72.	Sumi.K.S	III year
73.	Suvarna.M	III year
74.	Swathy.A	III year
75.	SwethaP.S	III year
76.	Ummusalma.M.S	III year
77.	Vani.V.V	III year
78.	Akhila.K.S	II year
79.	Anamika.P.S	II year
80.	Angel Thomas	II year
81.	Anjana Suresh	II year
82.	Anjana.T.R	II year
83.	Anshid Rahman	II year
84.	AswithaPaulose	II year
85.	ChelsySaju	II year
86.	Gloriya Sunny	II year
87.	Jewel Jose	II year
88.	Jomol.V.Salamon	II year
89.	Noufiya.K.P	II year
90.	Rajendran.R	II year
91.	Rosmy Vincent	II year
92.	Sandra.U.S	II year
93.	Shobitha Jose	II year
94.	Aleena Rose Siby	II year
95.	Aleena Thomas	II year
96.	Alkesh.P.J	II year
97.	Alvy Paul	II year
98.	Anjana Jolly	II year
99.	Archana.K.S	II year
100.	Ashique.v	II year
101.	Divya.P.K	II year
102.	Dona Joseph	II year
103.	Jesiny Joy	II year
104.	JesnaDevis	II year
105.	LinuLanimon	II year



G. S. S.

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Signature :

Signature :

Signature :

Name : Ms. Sruti S

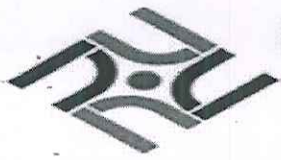
Name : Mr. Abdul Nisthar T A

Name : Lt. Col. (Mrs.) Regina P F

Designation : Nursing Tutor

Designation : Associate Professor

Designation : Associate Professor



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106.	Manisha.P.M	II year
107.	Mereena Mathew	II year
108.	Nimisha Biju	II year
109.	Rincy.P.M	II year
110.	SaranyaChandran	II year
111.	Shilu Shaju	II year
112.	Shinas.P.P	II year
113.	Sreechithra.C	II year
114.	Tincy.N.T	II year
115.	Vinaya.S	II year
116.	VishnupriyaSoman	II year
117.	Jidhin V	II year
118.	Achsah Cherian	I year
119.	Akhila K	I year
120.	Alen Cherian	I year
121.	Alousiya Rachel	I year
122.	Alphonsa George	I year
123.	Amaya. S. V	I year
124.	Anagha Mohan V	I year
125.	Anagha Suresh Kumar	I year
126.	Aneena Joshi	I year
127.	Angel Rose	I year
128.	Anisha M R	I year
129.	Anjali L	I year
130.	Anjana Mary Jose	I year
131.	Anju Saju	I year
132.	Annu Rose	I year
133.	AnsilShabu	I year
134.	Anu A J	I year
135.	Aparna As	I year
136.	Aparna S Anil Kumar	I year
137.	Arun K	I year
138.	Ashna C Reji	I year
139.	Assiya	I year
140.	Aswathy K Sudheer	I year
141.	AthiraMs	I year



G.P.Singh
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OTTAPALAM, PALAKKAD DT
KERALA - 679522

Prepared by

Verified by

Authorized by

Signature :

Signature :

Signature :

Name : Ms. Sruti S

Name : Mr. Abdul Nisthar T A

Name : Lt. Col. (Mrs.) Regina P F

Designation : Nursing Tutor

Designation : Associate Professor

Designation : Associate Professor



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142.	Ayana E M	I year
143.	Begeena Eldhose	I year
144.	Bilga Johnson	I year
145.	Bitty Biju	I year
146.	Chandana	I year
147.	Charutha M P	I year
148.	Chelsiya	I year
149.	Chinchu	I year
150.	Diya Rose	I year
151.	Dona Rose Thomas	I year
152.	Emily Elsa Abraham	I year
153.	Geethanjani	I year
154.	Haritha Gopinath	I year
155.	Haritha R Nair	I year
156.	Hilda	I year
157.	Jithisha	I year
158.	Jiya Mary Thomas	I year
159.	Josna	I year
160.	Kesiya	I year
161.	Kripa Jose	I year
162.	Merin	I year
163.	Muhammed Midhlaj	I year
164.	Niradevi P B	I year
165.	Riyamol	I year
166.	Rizani Fathima	I year
167.	Rohitha C	I year
168.	Roniya Mariya	I year
169.	Roshini	I year
170.	Salu K B	I year
171.	Sangeetha	I year
172.	Saranya	I year
173.	Sneha K	I year
174.	Sreena	I year
175.	Sruthy	I year
176.	Swetha K P	I year
177.	Vishnu K	I year



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OTTAPPALAM, PALAKKAD DT
Kerala - 679 522

Prepared by

Verified by

Authorized by

Signature :

Signature :

Signature :

Name : Ms. Sruti S

Name : Mr. Abdul Nisthar T A

Name : Lt. Col. (Mrs.) Regina P F

Designation : Nursing Tutor

Designation : Associate Professor

Designation : Associate Professor



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FEEDBACK FORM

Name: *Tharique*

Date *21/06/2019*

Name of the Programme *YOGA*

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme	✓				
2	Organization of programme	✓				
3	Relevance	✓				
4	Presentation	✓				
5	Interactive session		✓			
6	Team work performance		✓			
7	Professional competence within the programme					
8	Usefulness in your future career opportunities	✓				
9	Overall experience in the programme	✓				
10	Information sharing to others		✓			

General comments and Suggestions:

Signature: *Tharique*



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FEED BACK FORM

Name: *Nidhal*

Date *21/06/2019*

Name of the Programme *YOGA*

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme	✓				
2	Organization of programme	✓				
3	Relevance	✓				
4	Presentation		✓			
5	Interactive session					
6	Team work performance	✓				
7	Professional competence within the programme		✓			
8	Usefulness in your future career opportunities	✓				
9	Overall experience in the programme	✓				
10	Information sharing to others	✓				

General comments and Suggestions:

Signature: *P K Das*

Name:



P K Das
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19-20



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COVID 19 PREVENTION CAMPAIGN



VENUE AND DATE :

- **18/03/2020 – 24/03/2020 – at Walayar Checkpost**
- **05/05/2020-10/05/2020 – at Govindapuram checkpost**



G. Das
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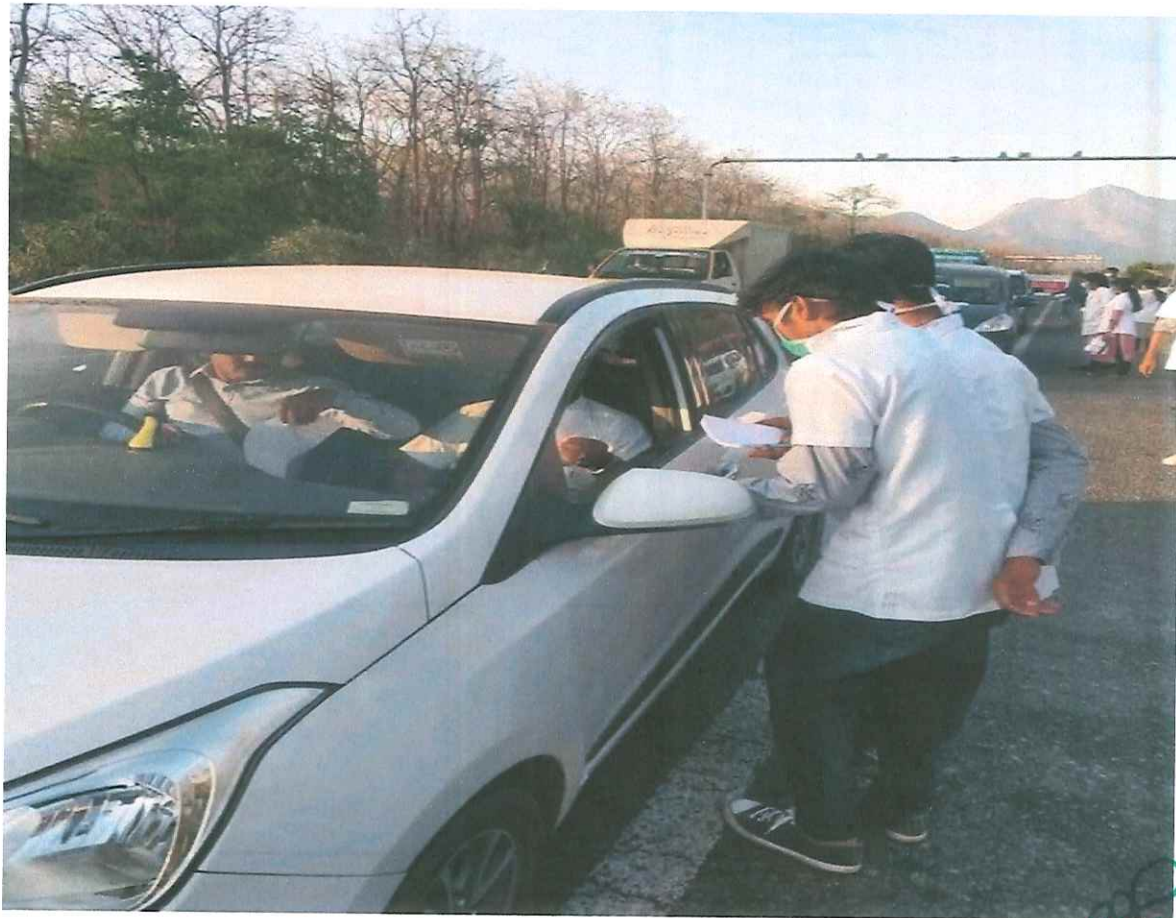
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COVID 19 SCREENING & AWARENESS AT WALAYAR CHECK POST

COVID 19 has become a social crisis, a health care professional has the responsibility of control & prevention of this social health issue. The College Union Chairman Mr. Muhammed Arshed & Vice Chairman Mr. Abhimanyu Devadas were taken a step forward in screening & awareness of the public at WALAYAR & GOVINDHAPURAM CHECK POST along with the police force, red cross members & other student nurses from different nursing colleges in PALAKKAD District during March 18th 2020 – till the first lockdown day on March 24th at WALAYAR CHECKPOST & from May 5th to 10th at GOVINDHAPURAM CHECK POST. The main objective of this programme was to assess the risk of people who are passing the border & to educate them regarding COVID 19 & its preventive – control measures. The Nehru College of Nursing family is proud of the students who are the blooming buds to the future health care system.

at Walayar Checkpost



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P. S. S.

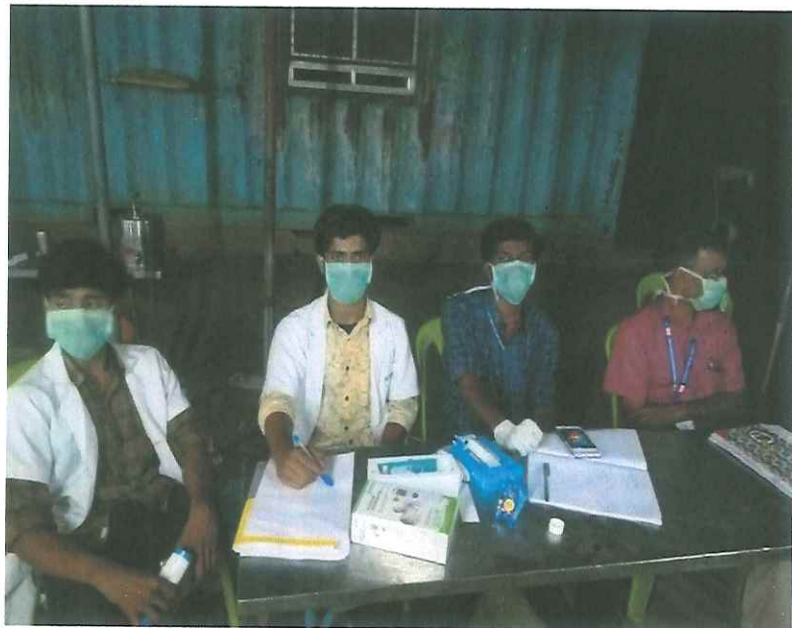


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P. Das



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NCN/CIR/PDP/112/19/17

25-09-2019

CIRCULAR

Nehru College of Nursing is organizing 'WORLD HEART DAY' on 29-09-2019 at Multipurpose Hall, Nehru College of Nursing. All are instructed to attend the same.

PRINCIPAL

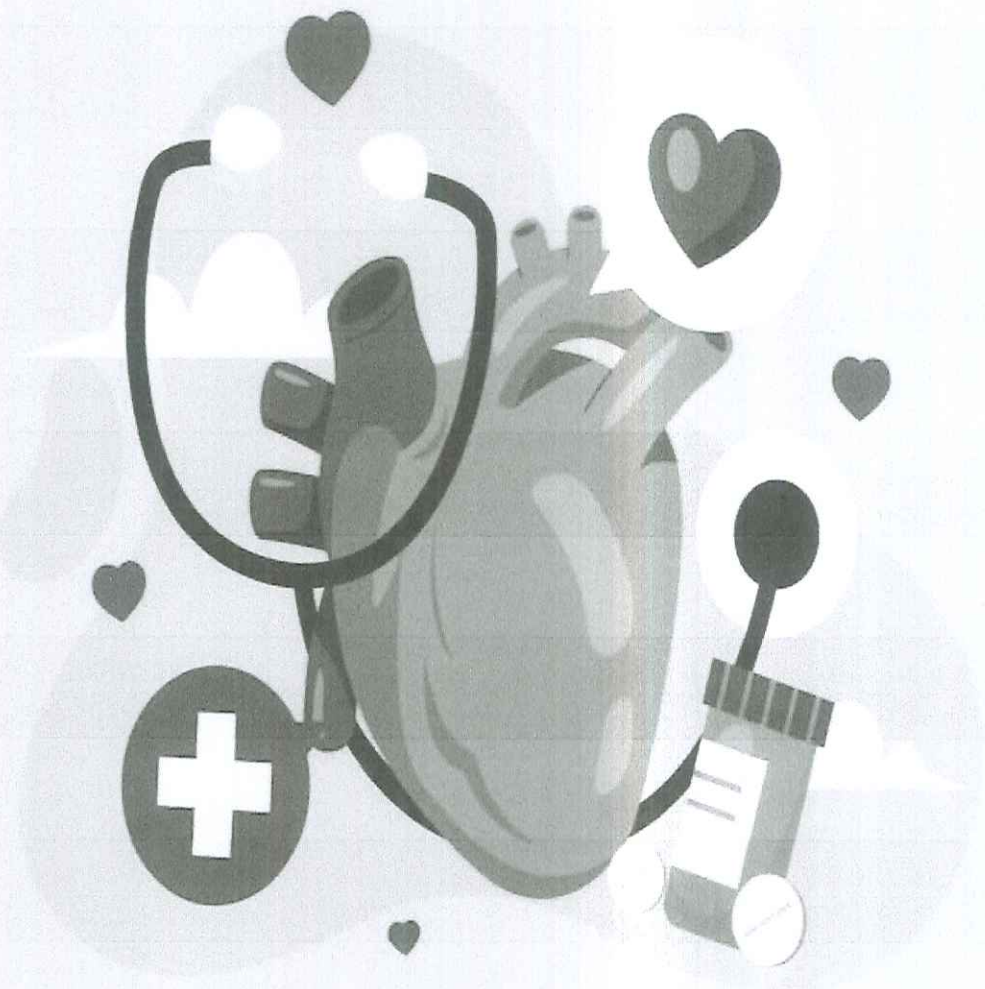
COPY TO:

All HODs
Academic Office Superintendent
Committee in-charge
To read in all B.Sc classes
Library of NCN/Notice Boards


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WORLD HEART DAY



VENUE: NCN MULTIPURPOSE HALL

DATE: 29/09/2019



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WORLD HEART DAY THEME 2019

This year the theme is “My Heart, Your Heart!”, a reminder calls to everyone around the world to take care of their hearts. The theme emphasizes the crucial process of getting to know one’s heart first; because one can only love and protect what they are aware of. In a world where knowledge about heart health is limited and policies are insufficient or lacking, the day aims to shatter barriers and empower individuals to take control of their well-being, as the theme depicts when we know more, we can take care better.

Nehru College of Nursing conducted an Awareness session as part of World Heart Day on 29/9/2019 in collaboration with the Department of Community medicine and Quality Department of PKDIMS in online platform. Dr. Lovely Livingston, Department of community Medicine welcomed the gathering. R.C Krishnakumar, Director (operations) PKDIMS inaugurated the session. The felicitation was done by Dr. Andrews, Principal PKDIMS and Prof. Mrs. Tamil Selvi, Principal, Nehru College of Nursing. Health awareness session was conducted by Dr. Vanitha Mani, Cardiothoracic Surgeon PKDIMS. Health talk on preventive aspects of cardiothoracic diseases was presented by Dr Pradeesh C B, Assistant Professor, Department of Community Medicine. The students of Nehru college of Nursing attended the session. Students gained knowledge in cardiology.



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PRINCIPAL



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Name Of The Programme:

Blood Heart day

Date:

29/09/2019

Sl.NO	NAME OF THE STUDENTS
1	ABHIMANYU .D
2	AJITH .R
3	AKHILA .A
4	AKHILA.M
5	ANJALI KRISHNA.C
6	ANJANA.M.S
7	ANJU BABU
8	ANUMOL YACOB
9	ARDRA.M
10	ARYA MATHAI
11	BINDHIYA BENNY
12	DENIYA GHILBY
13	DIBILA BIJU
14	FATHIMA T.A
15	GOPIKA K
16	JESHMA T.K
17	ATHIRA P.A
18	KRISHNA.K
19	LIBA CHERIYAN
20	MERY SALIGA P.R
21	MUHAMMED ARSHAD K.T
22	NEENA CHACKO
23	PRAVEENA PAUL
24	R.V.VYSHNAVI
25	SARANYA.V
26	SHABANA.M.S
27	SHALU VARGHESE
28	SHYMA JOSE
29	SHYMA.P.SHAJAN
30	SREEJA.S
31	SREELAKSHMI.B



G.P.G.
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32	SUMI.K.S
33	SUVARNA.M
34	SWATHY.A
35	SWETHAP.S
36	UMMUSALMA.M.S
37	VANI.V.V



G. S. S. S.
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ATTENDENCE SHEET (2015-2019)

29/09/2019

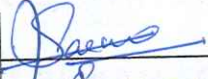
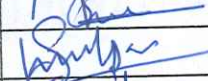
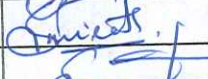

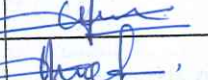
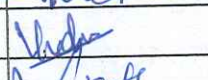
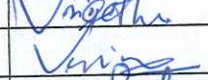
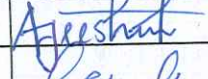
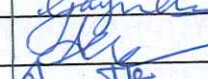






World Heart

Day

Sl.No.	NAME	SIGNATURE
1	Adithya .P	<i>[Signature]</i>
2	Aiswayra. A	<i>[Signature]</i>
3	Aiswarya. V. Nath	<i>[Signature]</i>
4	Aneesha.M.M.	<i>[Signature]</i>
5	Anju. V	<i>[Signature]</i>
6	Arjun Babu.P	<i>[Signature]</i>
7	Arya.C	<i>[Signature]</i>
8	Aswathy.M.N.	<i>[Signature]</i>
9	Athira.C	<i>[Signature]</i>
10	Athira.V	<i>[Signature]</i>
11	Athulya.S	<i>[Signature]</i>
12	C.M. Kavya	<i>[Signature]</i>
13	Della Abraham	<i>[Signature]</i>
14	Ebitha.V.O	<i>[Signature]</i>
15	Emy Eldho	<i>[Signature]</i>
16	Hima.A	<i>[Signature]</i>
17	Ivin Sona George	<i>[Signature]</i>
18	Jiyamol Thomas	<i>[Signature]</i>
19	Mohammed Roosafeed	<i>[Signature]</i>
20	Mridula. M	<i>[Signature]</i>
21	Niya Abraham	<i>[Signature]</i>
22	Pooja.K.R.	<i>[Signature]</i>
23	Ramya Rajan	<i>[Signature]</i>
24	Reshma Raju	<i>[Signature]</i>



[Signature]
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26	Saranya.K	
27	Shincy Thomas	
28	Silpa P.K.	
29	Smrithi.T.K.	
30	Sneha Saju	
31	Sruthi.M.M.	
32	Uma Suresh	
33	Usmanul Hakkeem C.P.	
34	Vidya.K	
35	Vineetha.P.Vinod	
36	Vrinjisha. V.C	
37	Ajeesh. A	
38	Gayathri. K.V.	
39	Aneesha V	
40	Shabnam. T.K.	





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Since 1968

FEEDBACK FORM

Name: Haritha S. Nair

Date 29/09/2019

Name of the Programme World Heart Day

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme	✓				
2	Organization of programme	✓				
3	Relevance	✓				
4	Presentation		✓			
5	Interactive session		✓			
6	Team work performance	✓				
7	Professional competence within the programme	✓				
8	Usefulness in your future career opportunities	✓				
9	Overall experience in the programme		✓			
10	Information sharing to others		✓			

General comments and Suggestions:

Signature: Haritha

Name: Haritha



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FEEDBACK FORM

Name: Emy Eldho

Date 29/09/2019

Name of the Programme World Heart Day

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme	✓				
2	Organization of programme	✓				
3	Relevance	✓				
4	Presentation		✓			
5	Interactive session		✓			
6	Team work performance		✓			
7	Professional competence within the programme		✓			
8	Usefulness in your future career opportunities		✓			
9	Overall experience in the programme	✓				
10	Information sharing to others	✓				

General comments and Suggestions:

Signature: Emy

Name: Emy



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COVID 19 AWARENESS PROGRAMME ONLINE SESSION



**VENUE: ONLINE PLATFORM (WHATSAPP,
FACEBOOK, INSTAGRAM)**

DATE: 11/04/2020

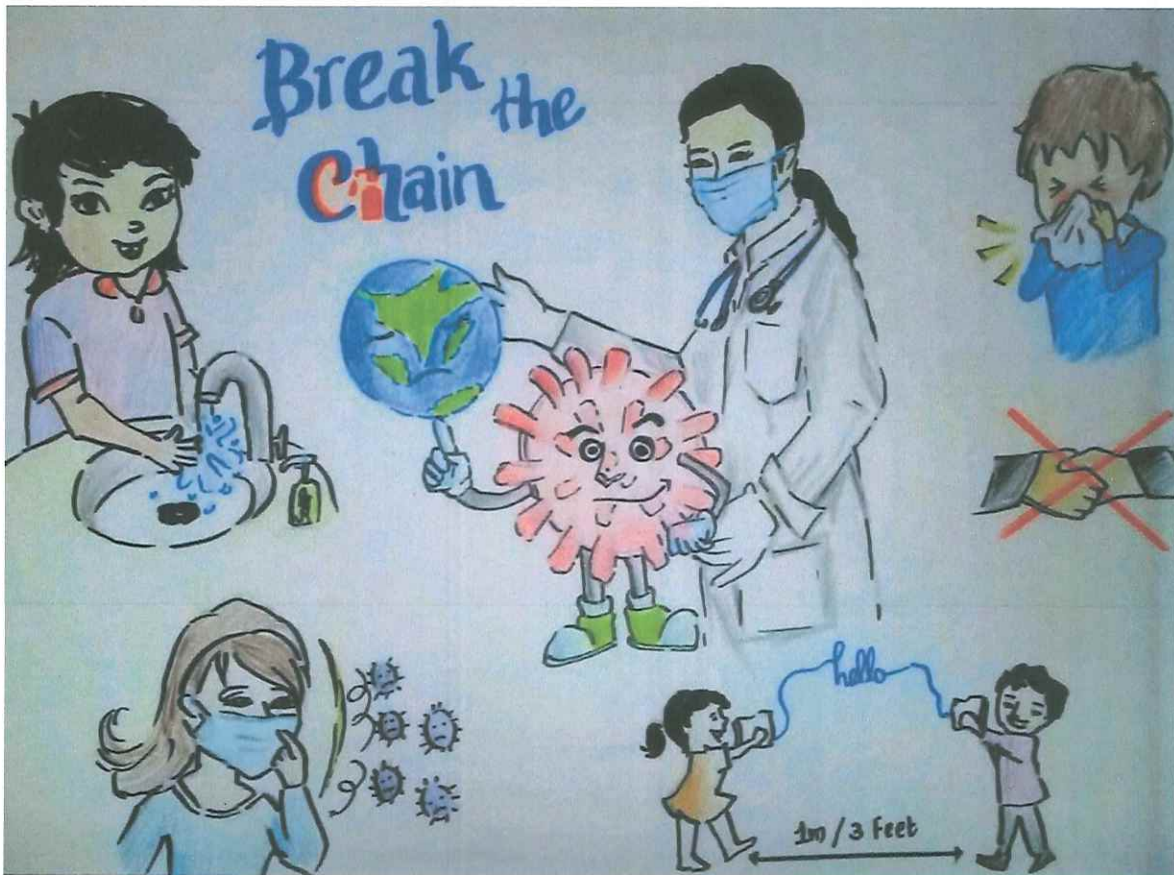


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PUBLIC AWARENESS PROGRAMME

The Students of Nehru College of Nursing who are efficiently talented in creative works utilised their talents in creating public awareness regarding COVID 19 through social media. The posters, scraps & videos prepared by our students were shared to the public through whatsapp, Facebook & Instagram. This will be a good informative & entertainment tool for the public in these quarantine days. The competition was conducted on 11.04.2020



Ms. RIZANI FATHIMA (2nd year)



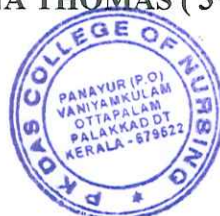
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R. R. F.
Principal



Handwritten signature in green ink.

Ms. ALEENA THOMAS (3rd year)



Handwritten signature in green ink.
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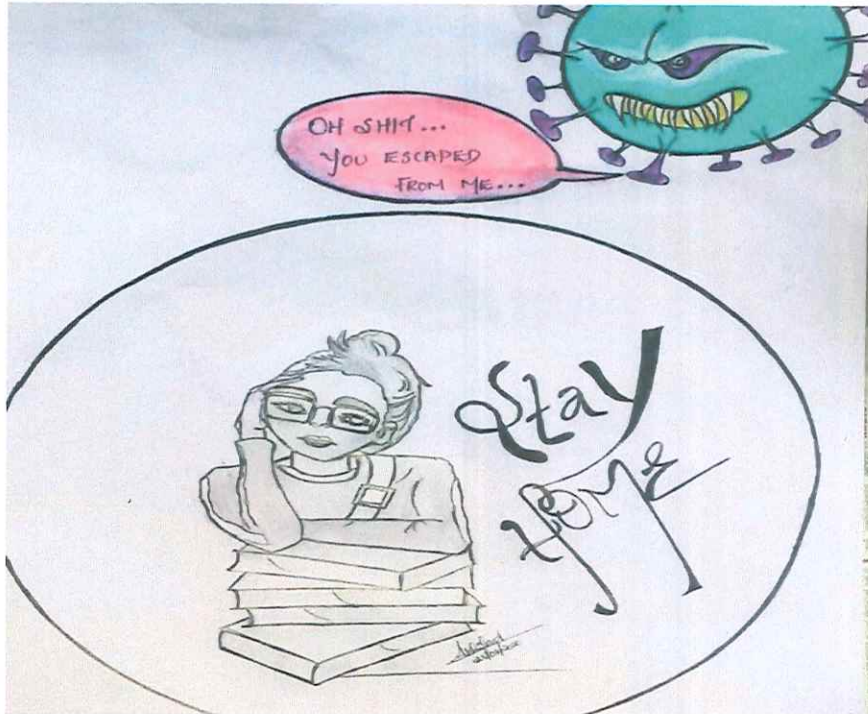


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THIS DOESN'T MEAN SIMPLY SITTING AT HOME.
THE WORD ITSELF ANNOYS THE PREVENTION
OF CORONA.

SOCIAL DISTANCING
TEACH THE UNKNOWN
ACTIONS TO KEEP HYGIENIC
YOU CAN MAKE IMMUNITY

HELP OTHERS TO GET FOOD
OBEY GOVERNMENT ORDERS
MONITOR EVEN MINOR SYMPTOMS PRESENT
ENQUIRE THE DOUBTS TO MEDICAL PROFESSIONALS



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Ms. AKHILA A (4th year)

Akhila A



COVID 19 – awareness video



Ms. APARNA A S (2nd year)



Ms. SHOBITHA (3rd year)



G.P.Swaraj

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P.R.P

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PANAYUR(PO), VANIYAMKULAM**

ATTENDANCE SHEET

*Covid-19 Awareness
Program*

SL.NO.	NAME	ATTENDANCE
1	Rizana Fathima II year	Present
2	Alben Thomas III year	Present
3	Akhil A IV year	Present
4	Shobitha III year	Present
5	Aparna A.S II year	Present
6		
7		
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G.S.W
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Establishing True Values
Since 1968



COVID - 19 VOLUNTEER SERVICE



Date: 22nd March 2020 to 17th May 2020

Time: 08:00 am to 05:00 pm

Venue : GTS#
Kottathara

Volunteers : Mr. Ashique V
Mr. Muhammed Arshad
Mr. Mohyudheen Nishad



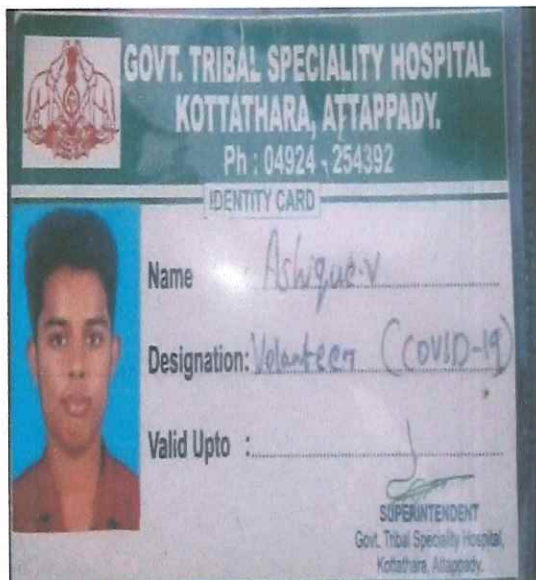
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COVID VOLUNTEER

The third year student Mr. ASHIQUE V has taken a good initiative to work as COVID volunteer in fever clinic and patient data collection section of GTSH Kottathara , Government Tribal Speciality Hospital, Kottathara from 22-03-2020 to 17 - 05 – 2020.

Presently working as a COVID Voluteer in COVID SWAB Collection team from 29-6-2020 onwards. The team NCN appreciate Mr. ASHIQUE for his unconditional effort & we are really proud about such initiative from our students.



G.P.Sun
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P.S.P
Principal.



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Gt-Sam
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P.R.R.F



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Attappady Block Panchayath Govt. Tribal Speciality Hospital KOTTATHARA

Certificate

OF
APPRECIATION

This is to certify that Sri./Smt./Kum/Kumari...ASHIQUE...V.....

had visited this institution on PARTICIPATED...IN...VOLUNTEER...WORK... and participated

in...COVID-19...RRT.....by/through.....

from...22-03-2020.....to...17-05-2020.....

Date : 18-05-2020

Wishes him/her all success in his/her future.



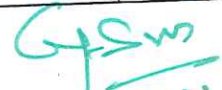
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KERALA - 679 522

**NEHRU COLLEGE OF NURSING
PANAYUR(PO), VANIYAMKULAM**

ATTENDANCE SHEET

SL.NO.	NAME	ATTENDANCE
1	Ashique V	Present
2	Muhammed Arshad	Present
3	Mr Mohyudheen Nishad	Present
4		
5		
6		
7		
8		
9		
10		
11		
12		
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PRINCIPAL
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PANAYUR (P.O), VANIYAMKULAM
OTTAPALAM, PALAKKAD DT
KERALA - 679522



NEHRU COLLEGE of NURSING



PANAYUR (P O), VANIYAMKULAM, PALAKKAD - 679 522

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NCN/CIR/PDP/112/19/13

13-06-2019

CIRCULAR

Nehru College of Nursing is organizing 'WORLD ENVIRONMENTAL DAY' on
17-06-2019 at Nehru College of Nursing. All are instructed to attend the same.

PRINCIPAL

COPY TO:

All HODs
Academic Office Superintendent
Committee in-charge
To read in all B.Sc classes
Library of NCN/Notice Boards



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OTTAPALAM, PALAKKAD DT
KERALA - 679522

WORLD ENVIRONMENT DAY



VENUE: NCN MULTIPURPOSE
HALL

DATE: 17/06/2019



G.S.M.C.
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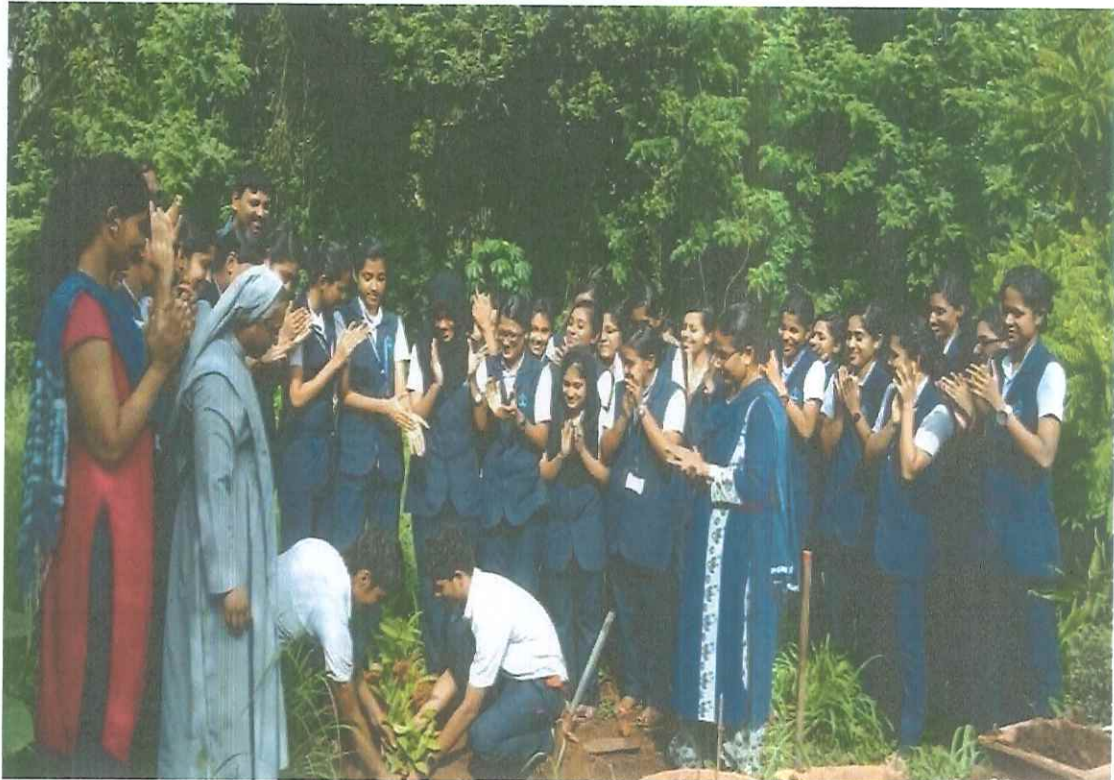
WORLD ENVIRONMENT DAY

World Environment Day is the “people’s day” for doing something to take care of the earth. It is the UN day for encouraging worldwide awareness and action to protect our environment. World Environment Day started since 1974. This year host country for official celebration is China. The theme for 2019 is “Air pollution”. Air pollution facts are: 92% of people worldwide do not breathe clean air. Air pollution costs global economy 5 trillion pounds every year. WHO report said air pollution is one of the leading threats to child health, accounting for almost one in 10 deaths in children under five years of age. So let us make greenery around us by plants. Nehru College of Nursing, Vaniyamkulam extends its hands into the nature by organising World Environment Day which has been raising awareness, supporting action, and driving changes for the environment. Prof Tamil Selvi, Principal inaugurated World Environment Day program on 17th June, 2019 by planting a Guava tree. Also revealed the theme of this year “Air Pollution”. Each batch students along with their faculties, SNA Unit, teaching faculty and nonteaching staff had planted different types of trees and vegetable plants. The whole NCN team was so actively participated in the event. Environmental ethics is inculcated in the minds of the students.




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P.R.R.



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PANAYUR (P O), VANIYAMKULAM, PALAKKAD - 679 522

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Name Of The Programme:

World Environment day

Date: *17/06/2019*

Sl.NO	NAME OF THE STUDENTS
1	ABHIMANYU .D
2	AJITH .R
3	AKHILA .A
4	AKHILA.M
5	ANJALI KRISHNA.C
6	ANJANA.M.S
7	ANJU BABU
8	ANUMOL YACOB
9	ARDRA.M
10	ARYA MATHAI
11	BINDHIYA BENNY
12	DENIYA GHILBY
13	DIBILA BIJU
14	FATHIMA T.A
15	GOPIKA K
16	JESHMA T.K
17	ATHIRA P.A
18	KRISHNA.K
19	LIBA CHERIYAN
20	MERY SALIGA P.R
21	MUHAMMED ARSHAD K.T
22	NEENA CHACKO
23	PRAVEENA PAUL
24	R.V.VYSHNAVI
25	SARANYA.V
26	SHABANA.M.S
27	SHALU VARGHESE
28	SHYMA JOSE
29	SHYMA.P.SHAJAN
30	SREEJA.S
31	SREELAKSHMI.B



P.K.D.
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P.R.P.



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32	SUMI.K.S
33	SUVARNA.M
34	SWATHY.A
35	SWETHAP.S
36	UMMUSALMA.M.S
37	VANI.V.V

P.R.G



G.P. Das
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**NEHRU COLLEGE OF NURSING
PANAYUR (PO) VANIYAMKULAM
ATTENDANCE SHEET (2017-2021)**

World Environment Day

17/06/2019

NO	NAME	SIGNATURE
1	Akhila.K.S	<i>Akhila</i>
2	Anamika.P.S	<i>Anamika</i>
3	Angel Thomas	<i>Angel</i>
4	Anjana Suresh	<i>Anjana</i>
5	Anjana.T.R	<i>Anjana</i>
6	Anshid Rahman	<i>Anshid</i>
7	Aswitha Paulose	<i>Aswitha</i>
8	Chelsy Saju	<i>Chelsy</i>
9	Gloriya Sunny	<i>Gloriya</i>
10	Jewel Jose	<i>Jewel</i>
11	Jomol.V.Salamon	<i>Jomol</i>
12	Noufiya.K.P	<i>Noufiya</i>
13	Rajendran.R	<i>Rajendran</i>
14	Rosmy Vincent	<i>Rosmy</i>
15	Sandra.U.S	<i>Sandra</i>
16	Shobitha Jose	<i>Shobitha</i>
17	Aleena Rose Siby	<i>Aleena</i>
18	Aleena Thomas	<i>Aleena</i>
19	Alkesh.P.J	<i>Alkesh</i>
20	Alvy Paul	<i>Alvy</i>
21	Anjana Jolly	<i>Anjana</i>
22	Archana.K.S	<i>Archana</i>
23	Ashique.v	<i>Ashique</i>



P.K.Das
**PRINCIPAL
P K DAS COLLEGE OF NURSING
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OTTAPALAM, PALAKKAD DT
KERALA - 679522**



NEHRU COLLEGE of NURSING

PANAYUR (PO), VANIYAMKULAM



FEEDBACK FORM

Name: ... Akhila

Date ... 17/06/2019 ...

Name of the Programme World Environment Day

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme	✓				
2	Organization of programme	✓				
3	Relevance		✓			
4	Presentation		✓			
5	Interactive session		✓			
6	Team work performance	✓				
7	Professional competence within the programme	✓				
8	Usefulness in your future career opportunities	✓				
9	Overall experience in the programme		✓			
10	Information sharing to others		✓			

General comments and Suggestions:

Signature: Akhila

Name: Akhila



NEHRU COLLEGE of NURSING

PANAYUR (PO), VANIYAMKULAM



FEEDBACK FORM

Name: ... Alan Chevan

Date ... 17/06/2019 ...

Name of the Programme

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme	✓				
2	Organization of programme	✓				
3	Relevance	✓				
4	Presentation		✓			
5	Interactive session		✓			
6	Team work performance		✓			
7	Professional competence within the programme		✓			
8	Usefulness in your future career opportunities	✓				
9	Overall experience in the programme	✓				
10	Information sharing to others	✓				

General comments and Suggestions:

Signature: Alan

Name: Alan



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Leading the Change
Since 1968

HEALTH AWARENESS PROGRAMME ON GERIATRIC

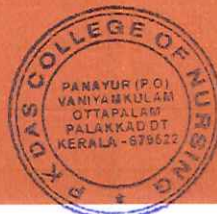


Date: 11th December 2019

Time: 02:00 pm to 04:00 pm

Venue : CHG Ambalappara

Speaker : Mrs. Chinthamani



G.S.M.
PRINCIPAL
P.K.D.S. COLLEGE OF NURSING
PANAYUR (P.O.), VANIYAMKULAM
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**HEALTH AWARENESS PROGRAMME ABOUT
GERIATRIC CARE SERVICES**

Old age is when a person is near or beyond the usual life expectancy, usually from the age of 65 onwards by modern standards. Old people are usually retired from work and spend their time in other ways like helping, take care of small children who are kin to them in some way. Often people of old age have wrinkly skin. They will move slower, and become constantly old. Old people have more health problems than young adults, and many of them take medicine. The reason for this is that their bodies are slowly deteriorating, so they have more problems, especially with moving. Osteoporosis weakens the bones, and is one of the problems that become more common with age.

The final year students of **NEHRU COLLEGE OF NURSING** has conducted a health awareness class on **11/12/2019** for geriatric care at **Community health centre AMBALAPPARA**. Students were taken classes for the people who have assembled in the community health centre with different topics related to old age people. The topics discussed in the classes were

- **PHYSIOLOGICAL CHANGES & HEALTH ISSUES & IT'S MANAGEMENT IN OLD AGE – Ms. Dabila**
- **ELDERLY ABUSE – Ms. Sreelakshmi**
- **GERIATRIC DIET – Ms. Swetha P S**
- **GERIATRIC EXERCISES – Ms. Anju Babu**
- **MENTAL HEALTH PROBLEMS OF OLD AGE – Ms. Neena Chacko**
- **SOCIAL ISOLATION – Mr. Ajith R Nair**
- **COMMON DISEASES & IT'S MANAGEMENT IN OLD AGE – Ms. Arya**
- **NATIONAL HEALTH PROGRAMMES FOR OLD AGE – Ms. Liba Cheriyan**

The classes were taken with relevant audio visual aids. The classes were very much effective & there was greatest response from the group. By this health awareness programme they were able to deliver greater knowledge about the care old age people

P.R.R.
Principal.



G. Anur
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P.S.P

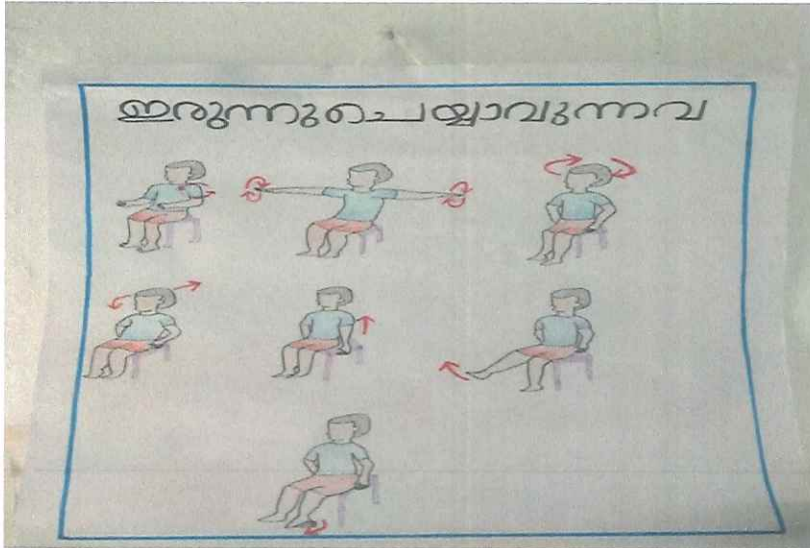


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NEHRU COLLEGE OF NURSING

PANAYUR (PO), VANIYAMKULAM, OTTAPALAM, PALAKKAD - 679 522

STUDENTS LIST - 2016-2020 BATCH

Sl. No	Name	Attendance
1	ABHIMANYU.D	Present
2	AJITH.R	Present
3	AKHILA.A	Present
4	AKHILA.M	Present
5	ANJALI KRISHNA C	Present
6	ANJANA M S	Present
7	ANJU BABU	Present
8	ANU MOL YACOB	Present
9	ARDRA.M	Present
10	ARYA MATHAI	Present
11	ATHIRA.P.A	Present
12	BINDHIYA BENNY	Present
13	DENIYA GHILBI	Present
14	DIBILA BIJU	Present
15	FATHIMA.T.A	Present
16	GOPIKA.K	Present
17	JESHMA.T.K	Present
18	KRISHNA.K	Present
19	LIBA CHERIAN	Present
20	MARY SALIGA.P.R	Present
21	MUHAMMED ARSHED.K.T	Present
22	NEENA CHACKO	Present
23	PRAVEENA PAUL	Present
24	R.V.VYSHNAVI	Present
25	SARANYA.C.S	Present
26	SARANYA.V	Present
27	SHABANA.M.S	Present
28	SHALU VARGHESE	Present
29	SHYMA JOSE	Absent
30	SHYMA.P.SHAJAN	Present
31	SREEJA.S	Present
32	SREELAKSHMI.B	Present
33	SUMI.K.S	Present
34	SUVARNA.M	Present
35	SWATHY.A	Present
36	SWETHA.P.S	Present
37	UMMUSALMA.M.S	Present
38	VANI.V.V	Present



G. Das
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OTTAPALAM, PALAKKAD DT
KERALA - 679522



of NEHRU COLLEGE of NURSING
PANAYUR (PO), VANIYAMKULAM



FEED BACK FORM

Name: Balambaloo

Name of the Programme Health Awareness Programme on geriatric Date 11/12/19

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme	✓				
2	Organization of programme		✓			
3	Relevance		✓			
4	Presentatïon		✓			
5	Interactive session	✓				
6	Team work performance		✓			
7	Professional competence within the programme		✓			
8	Usefulness in your future career opportunities			✓		
9	Overall experience in the programme		✓			
10	Information sharing to others		✓			

General comments and Suggestions: Good

Signature: George

Name: George



of NEHRU COLLEGE of NURSING
PANAYUR (PO), VANIYAMKULAM



FEED BACK FORM

Name: Rebeera

Name of the Programme Health Awareness Programme on geriatric Date 11/12/19

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme		✓			
2	Organization of programme		✓			
3	Relevance		✓			
4	Presentatïon			✓		
5	Interactive session		✓			
6	Team work performance	✓				
7	Professional competence within the programme		✓			
8	Usefulness in your future career opportunities		✓			
9	Overall experience in the programme	✓				
10	Information sharing to others		✓			

General comments and Suggestions: Good programme

Signature: Rebeera

Name: Rebeera



George

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Establishing Free Children
Since 1968



HEALTH AWARENESS PROGRAMME ON PUBERTY, MENSTRUAL HYGIENE & PRACTICES FOR ADOLESCENT GIRLS

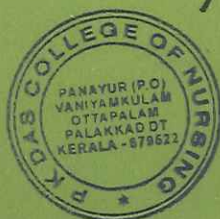


Date: 24th January 2020

Time: 10:00 am to 12:00 pm

*Venue : Govt. HSS
Koonathara*

Inauguration & Speaker :



Mr. Titus Fernandez

Assistant Professor

Nehru College of Nursing

Green
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HEALTH EXHIBITION AND AWARENESS ON PUBERTY AND MENSTRUAL HYGIENE PRACTICES

Menstrual Hygiene is vital to the empowerment and well-being of women and girls worldwide. It is about more than just access to sanitary pads and appropriate toilets – though those are important. It is also about ensuring women and girls live in an environment that values and supports their ability to manage their menstruation with dignity. To bring awareness around the vital role that good Menstrual Hygiene Management (MHM) plays in empowering women and adolescent girls worldwide to become all that they can be. So the final year students of NEHRU COLLEGE of NURSING has organised a health awareness programme on puberty, menstrual hygiene & practices at Government Higher Secondary School, Koonathara on 24th Jan 2020. The programme was organised as lecture cum discussion, PPT presentation & Chart presentation

The topic for the lecture class was as follows

- Anatomy of female reproductive system – Ms. Vani V V
- Physiology of female reproductive system – Ms. Akhila M
- Premenstrual syndrome – Ms. Krishna
- Menstrual hygiene (good practices) – Ms. Fathima T A
- Menstrual hygiene (bad practices & problems) – Ms. Anjana M S
- Articles used / materials – Ms. Anju Babu

Around 100 students have attended the class. The class included lecture cum discussion, PPT presentation, & chart presentation. There was good interaction from the students. They clarified much of their doubts. The class was very much effective & got greater appreciation from the school authorities & students.



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P. R. R.
Principal



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R. R. R.

NEHRU COLLEGE OF NURSING

PANAYUR (PO), VANIYAMKULAM, OTTAPALAM, PALAKKAD - 679 522

STUDENTS LIST - 2016-2020 BATCH

Sl. No	Name	Attendance
1	ABHIMANYU.D	Present
2	AJITH.R	Present
3	AKHILA.A	Absent
4	AKHILA.M	Present
5	ANJALI KRISHNA C	Present
6	ANJANA M S	Present
7	ANJU BABU	Present
8	ANU MOL YACOB	Present
9	ARDRA.M	Present
10	ARYA MATHAI	Present
11	ATHIRA.P.A	Present
12	BINDHIYA BENNY	Absent
13	DENIYA GHILBI	Present
14	DIBILA BIJU	Present
15	FATHIMA.T.A	Present
16	GOPIKA.K	Present
17	JESHMA.T.K	Present
18	KRISHNA.K	Present
19	LIBA CHERIAN	Present
20	MARY SALIGA.P.R	Present
21	MUHAMMED ARSHED.K.T	Present
22	NEENA CHACKO	Absent
23	PRAVEENA PAUL	Present
24	R.V.VYSHNAVI	Present
25	SARANYA.C.S	Present
26	SARANYA.V	Present
27	SHABANA.M.S	Present
28	SHALU VARGHESE	Present
29	SHYMA JOSE	Absent
30	SHYMA.P.SHAJAN	Present
31	SREEJA.S	Present
32	SREELAKSHMI.B	Present
33	SUMI.K.S	Present
34	SUVARNA.M	Present
35	SWATHY.A	Present
36	SWETHA.P.S	Present
37	UMMUSALMA.M.S	Present
38	VANI.V.V	Present



G.P. Sun
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Name: Jessy Peter
 Name of the Programme: Health exhibition
 Date: 24/01/2020

FEED BACK FORM

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme	✓				
2	Organization of programme	✓				
3	Relevance	✓				
4	Presentation		✓			
5	Interactive session		✓			
6	Team work performance	✓				
7	Professional competence within the programme	✓				
8	Usefulness in your future career opportunities	✓				
9	Overall experience in the programme	✓				
10	Information sharing to others		✓			

General comments and Suggestions: Useful programme
 Signature: Jessy Peter
 Name: Jessy Peter

Name: Chippy Muralidharan
 Name of the Programme: Health exhibition
 Date: 24/01/2020

FEED BACK FORM

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme	✓				
2	Organization of programme		✓			
3	Relevance		✓			
4	Presentation	✓				
5	Interactive session	✓				
6	Team work performance		✓			
7	Professional competence within the programme	✓				
8	Usefulness in your future career opportunities		✓			
9	Overall experience in the programme	✓				
10	Information sharing to others	✓				

General comments and Suggestions: Excellent
 Signature: Chippy Muralidharan
 Name: Chippy Muralidharan



G.P. Das
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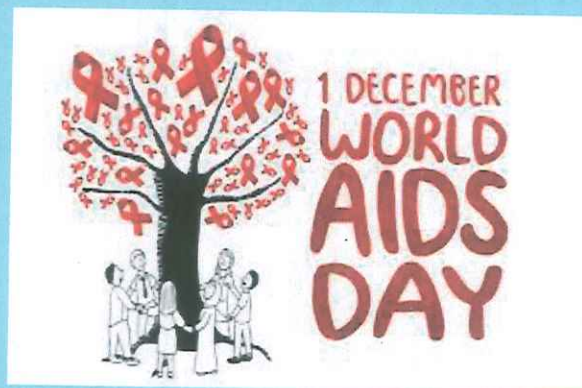
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WORLD AIDS DAY

DECEMBER 1st 2019

"Ending the HIV/AIDS Epidemic: Community by Community,"



AWARENESS RALLY



[Signature]
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P.K.D.A.S. COLLEGE OF NURSING
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WORLD AIDS DAY DEC 1st 2019

World AIDS Day is taking place on December 1 to raise awareness around HIV and AIDS, and to support the 37.9 million people around the world living with the virus. This year's theme will be "[Ending the HIV/AIDS Epidemic: Community by Community.](#)" highlighting the role of communities in preventing, treating and supporting people with HIV. AIDS is a chronic disease which is caused by the HIV (Human Immunodeficiency Virus) virus. Due to the disease immune system becomes weak and people are more vulnerable to infections and diseases. It is found in all the tissues of the body but transmitted through the body fluid of an infected person via blood, semen, breast milk, etc. It mainly attacks the T-cells in the immune system. HIV is transmitted through sexual contact, blood transmission, perinatal transmission. Symptoms may include fever, joint pain, muscle aches, sore throat, tiredness, weakness, unintentional weight loss, etc. The main purpose of celebrating World AIDS day every year is to build new and effective policies and programmes to strengthen the systems of health and also to increase the capacity of health sectors towards HIV or AIDS.

The second year students of NEHRU COLLEGE OF NURSING has organised a awareness rally on DEC 1st 2019. The rally was officially flagged off by the Principal Prof. Tamil Selvi P. Faculties of NEHRU COLLEGE OF NURSING, Mr. VISHNU (2nd year class co ordinator), Mrs. SHERIN THOMAS, Mrs. SRUTHI. C & Ms. SRUTI S accompanied the students in the rally. The rally was started at 10 am from the college premises & covered the Vaniyamkulam central and returned back to college by 12pm. The placard & slogans prepared by the students in the rally was very much effective in creating awareness in the public about HIV.




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ATTENDANCE SHEET

S.No.	Name	Attendance
1	ACHSAH N CHERIAN	Present
2	AKHILA. K	Present
3	ALEN CHERIAN	Present
4	ALOUSIYA RACHEL VARKEY	Present
5	ALPHONSA GEORGE	Present
6	AMAYA	Present
7	ANAGHA MOHAN V	Present
8	ANAGHA SURESHKUMAR	Present
9	ANEENA JOSHY	Present
10	ANGEL ROSE V J	Present
11	ANISHA.M.R	Present
12	ANJALI L	Present
13	ANJANA MARY JOSE	Absent
14	ANJU SAJU	Present
15	ANNU ROSE JOJY	Present
16	ANSIL SHABU	Present
17	ANU A J	Present
18	APARNA A S	Present
19	APARNA S ANILKUMAR	Present
20	ARUN K	Present
21	ASHNA C REJI	Present
22	ASSIYA SIDHIQUE	Present
23	ASWATHI.K.SUDHEER	Absent
24	ATHIRA.M.S	Present
25	AYANA E M	Present
26	BEJEENA ELDHOSE	Present
27	BILGA JOHNSON	Present
28	BITTY BIJU	Present
29	CHANDANA V M	Present
30	CHARUTHA M P	Present
31	CHELSIYA NIXON	Present
32	CHINCHU.C P	Present
33	DIYA ROSE K.J	Present



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34	DONA ROSE THOMAS	Present
35	EMILI ELSA ABRAHAM	Present
36	GEETHANJALI M K	Present
37	HARITHA GOPINATH	Present
38	HARITHA R NAIR	Present
39	HILDA CHRISTINA MANUEL	Present
40	JITHISHA A	Present
41	JIYA MARY THOMAS	Present
42	JOSNA C JOSEPH	Present
43	KESIYA.P.J	Present
44	KRIPA JOSE	Present
45	MERIN ALIAS	Present
46	MUHAMMED MIDLAJ K T	Present
47	NIRADEVI P B	Absent
48	RIYA MOL K L	Present
49	RIZANI FATHIMA	Present
50	ROHITHA C	Present
51	RONIYA MARIYA BIJUMOL	Present
52	ROSHNI UP	Present
53	SALU K B	Present
54	SANGEETHA.P.D	Present
55	SARANYA P K	Present
56	SNEHA.K	Present
57	SREENA M	Present
58	SRUTHI M S	Present
59	SWETHA K P	Present
60	VISHNU K	Present

Nehru College of Nursing
Panayur P.O, Vaniyamkulam
Tamil Nadu
2021-2022





NEHRU COLLEGE
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**SCHOOL HEALTH PROGRAMME
AT L S N HIGHER SECONDARY SCHOOL**

HEALTH ASSESSMENT



DATE : 07 FEBRUARY 2020



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SCHOOL HEALTH PROGRAMME

INTRODUCTION

The scope of community health nursing is very extensive and community health service have different aspects. Providing community health service to every class or group of the community is the chief aim of community health nursing.

School health service is one of the special community health service that has an important aspects in community development. This aims at package of preventive, promotive and curative health status of the school age children.

By conducting a school health programme it is possible to increase the health level of community and achieve growth in the health of future generation. So this is special which include complex health care and welfare of school children.

The final year B.Sc nursing students of Nehru Collge of Nursing ,Vaniyamkulam conducted a school health programme as a part of the community health nursing requirement. The students were guided by Ms. Sruti S, Nursing Tutor, Nehru College of Nursing , Mrs. Shincy, Nursing Tutor, Nehru College of Nursing & Dr. Sruthi , House Surgeon P K DAS Institute of Medical Science , Dr.Nabeela, House Surgeon, P K DAS Institute of Medical Sciences

The School Health Programme was conducted at L S N Higher Secondary School Ottappalam on 07.02.2020 from 9:00am to 4.00 pm.

OBJECTIVES

- To identify general health problems among school children
- To awake health consciousness in children
- To identify & treat any abnormalities / defects/ diseases as early as possible
- To identify visual & auditory defects in children
- To identify dental problems in children
- To provide health education on various topics



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- To provide adolescent health services and health education on various topics related to adolescence.
- To impart knowledge regarding different carrier opportunities

REPORT OF SCHOOL HEALTH PROGRAMME

The planning is necessary because it is the process of thinking about organizing the activity required to achieve a desired goal. For that objectives were formulated.

Five aspects for the school health programme

- Health assessment
- Eye clinic
- Dental clinic
- Health education
- Adolescent health awareness

The aspects of school health programme were discussed with Sr. Alma Maria, Headmistress LSN Lower Primary School, Sr. Dhanya Mariya, Headmistress Lady Immaculate Junior School, Sr. Alphine, Principal LSN High School. They gave permission to us for conduct the school health programme as per the instruction of school and programme conducted on 07.02.2020 and 08.02.2020 from 9:00am to 4:00pm.

The morning session were doing the health assessment and health education at LSN Lower Primary School and Lady Immaculate Junior School.

There were 37 students. They were divided into two groups as group A and group B. The group A had done the health assessment at LSN LP School and group B had done health assessment at Lady Immaculate Junior School. The assessment were conducted as different sections like anthropometric assessment vital signs, dental check-up, auditory check-up, ophthalmic check-up, general health assessment



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ANTHROPOMETRIC MEASUREMENTS



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VITAL SIGNS



ophthalmic check up



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DENTAL CHECK UP



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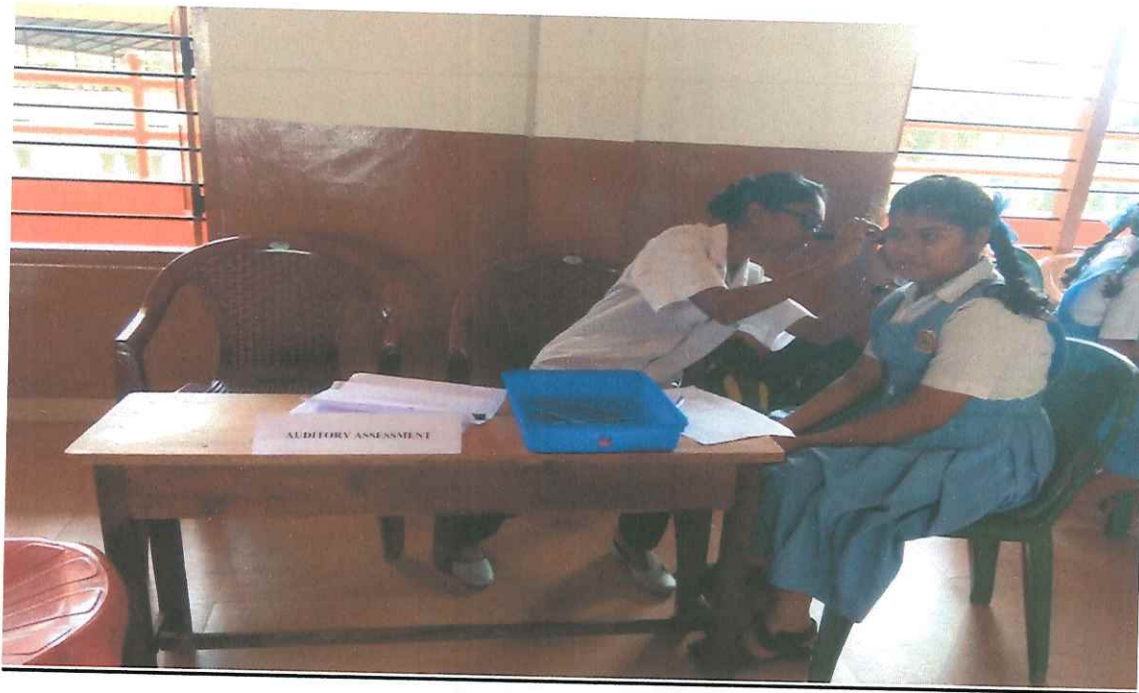
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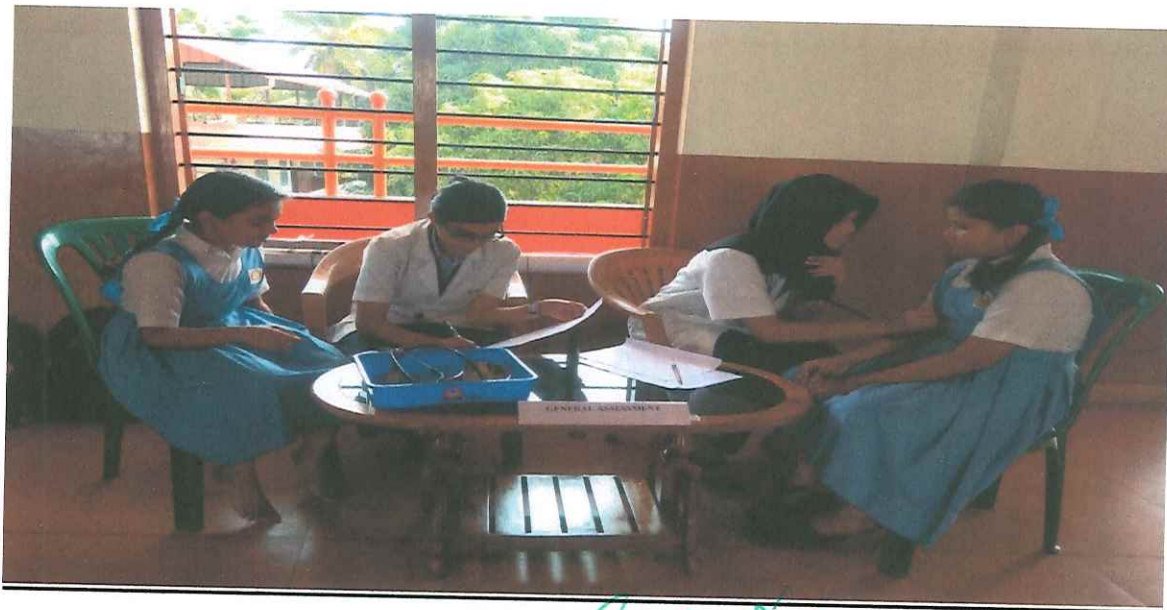
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AUDITORY CHECK UP



GENERAL HEALTH ASSESSMENT



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HEALTH EDUCATION

For creating awareness in school children regarding the general health problems, a session on health education was conducted .

The topics discussed

- Good habits – Ms. Bindhya Benny
- Personal hygiene – Ms. Praveena Paul
- Dental care – Ms. Ummusalma
- Pediculosis – Ms. Shyma P Shajan
- Worm infestation – Ms. Shabana M S
- Balanced diet – Ms. Saranya M S
- Environmental hygiene – Ms. Shyma Jose
- Child abuse – Ms. Mary Saliga



G. Shyma
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ANALYSIS

School life is the place of physical and mental growth and intensive development of children. By the end of the programme, various analysis were done and the following findings were obtained.

In Lady Immaculate Junior School, the assessment were mainly carried out on 60 students from 4th standard.

Table 1: Percentage distribution of common health problems in Lady Immaculate Junior School

Sl no	Health problems	Percentage
1	Under weight	76.6
2	Sinusitis	1.6
3	Dental carries	41.6
4	Throat infection	20
5	Cough	11.6
6	Deviated nasal septum	3.3



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7	Dust allergy	10
8	Latex allergy	3.3
9	Visual problems	11.6
10	Migraine	1.6
11	Food allergy	1.6
12	Lymph node enlargement (neck)	1.6

Inference: On the basis of Table 1 the most common affected problem is underweight & dental carries. Among 60 students 76.6 % students are underweight & 41.6 % students are with dental carries. The main reason behind poor dental hygiene is lack of knowledge about the proper brushing techniques. In LSN Lower Primary School the assessment were carried out on 87 students from 1st standard & 106 students from 2nd standard.

Table 2 : Frequency distribution of common health problems in LSN LP School

Sl no	Health problems	Percentage
1	Pallor eye	1
2	Common cold	4
3	Dental carries	36
4	Throat infection	1
5	Visual problem	1.5
6	Thyroid enlargement	1
7	Tongue tie	1

Inference: On Table 2 the common health problem found were dental carries & common cold. Among 193 students 36 % is having dental carries & 4 % is affected with common cold



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ADOLESCENT HEALTH EDUCATION & SERVICES

Health awareness classes were taken for the adolescent girls on the following topics

The topics discussed were

- Physiological changes & health issues of adolescent – Ms. Ardra
- Reproductive health – Ms. Anjana M S
- Menstrual hygiene – Ms. Fathima
- Anaemia – Ms. Deniya
- Obesity – Ms. Anjali
- Hazards of fast foods – Mr. Mohammed Arshad
- Diet in adolescent – Ms. Suvarna
- Influence of social media in life- Ms. Swathy
- Psychological issues & it's management in adolescents – Ms. Jeshma
- Substance abuse – Ms. Akhila A
- Sexual abuse – Ms. Krishna
- National health programmes for adolescents – Mr. Abhimanyu




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CAREER GUIDANCE

The career guidance session was arranged for the students in the school health education programme.



EVALUATION

Evaluation is the final step which helped as to identify the effectiveness of the programme for the easy evaluation. For the easy evaluation we divided into school evaluation and self evaluation.

SCHOOL EVALUATION

The programme was grand successful and was effective for all students. The cooperation from the school and authority were good. And also got good support from the teachers and students in the Nehru college of nursing.



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SELF EVALUATION

After the programme we made an analysis regarding each steps that is from the beginning to end. After the over all analyzing it gave a good result to us.

CONCLUSION

School is an institution designed to provide learning space for students and learning environment for teachers. Under the direction of faculties, students is the learners or someone who attend the educational students are maximum interested to attain knowledge of reading witting calculation etc.

Other than these activities a comprehensive health programme is needed to provide the children in lower primary school itself. The middle year of childhood are extremely sensitive times for a number of health issues, especially when it comes to adopting health behavior that can have life long consequences. Because of these reason, the school health programme plays an important role in community health nursing.

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STUDENTS LIST - 2016-2020 BATCH

Sl. No	Name	Attendance
1	ABHIMANYU.D	Present
2	AJITH.R	Present
3	AKHILA.A	Present
4	AKHILA.M	Present
5	ANJALI KRISHNA C	Present
6	ANJANA M S	Present
7	ANJU BABU	Present
8	ANU MOL YACOB	Present
9	ARDRA.M	Present
10	ARYA MATHAI	Present
11	ATHIRA.P.A	Present
12	BINDHIYA BENNY	Present
13	DENIYA GHILBI	Present
14	DIBILA BIJU	Present
15	FATHIMA.T.A	Present
16	GOPIKA.K	Present
17	JESHMA.T.K	Present
18	KRISHNA.K	Present
19	LIBA CHERIAN	Present
20	MARY SALIGA.P.R	Present
21	MUHAMMED ARSHED.K.T	Present
22	NEENA CHACKO	Present
23	PRAVEENA PAUL	Present
24	R.V.VYSHNAVI	Present
25	SARANYA.C.S	Present
26	SARANYA.V	Present
27	SHABANA.M.S	Present
28	SHALU VARGHESE	Present
29	SHYMA JOSE	Present
30	SHYMA.P.SHAJAN	Present
31	SREEJA.S	Present
32	SREELAKSHMI.B	Present
33	SUMI.K.S	Present
34	SUVARNA.M	Present
35	SWATHY.A	Present
36	SWETHA.P.S	Present
37	UMMUSALMA.M.S	Present
38	VANI.V.V	Present

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Name: Aswathi S

Name of the Programme School Health Programme

Date 7/8/20

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme	✓				
2	Organization of programme		✓			
3	Relevance					
4	Presentation	✓				
5	Interactive session		✓			
6	Team work performance		✓			
7	Professional competence within the programme	✓				
8	Usefulness in your future career opportunities		✓			
9	Overall experience in the programme	✓				
10	Information sharing to others	✓	✓			

General comments and Suggestions:

Signature: Aswathi S
 Name: Aswathi S

Name: Lakshmi K

Name of the Programme School Health Programme

Date 7/8/20

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme					
2	Organization of programme					
3	Relevance		✓	✓		
4	Presentation		✓			
5	Interactive session			✓		
6	Team work performance		✓			
7	Professional competence within the programme		✓			
8	Usefulness in your future career opportunities			✓		
9	Overall experience in the programme			✓		
10	Information sharing to others		✓			

General comments and Suggestions:

Signature: Lakshmi K
 Name: Lakshmi K



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**HEALTH ASSESSMENT ON MENTALLY AND PHYSICALLY
CHALLENGED**

VENUE : POLY GARDEN

DATE AND TIME : 18/01/2020



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HEALTH ASSESSMENT ON MENTALLY AND PHYSICALLY CHALLENGED

It's estimated that between 9 to 10 percent of the population in this country has a disability. People with a disability sometimes have difficulty doing things other people take for granted. However the greatest challenge facing people with a disability is the misguided view society has long had

About Polygarden

Polygarden is a residential rehabilitation centre governed by the charitable organisation directorate of social action is at Lakkidi near Ottapalam Town in Palakkad District, Kerala state in South India. At present 150 mentally retarded persons who are adults in between the age group of 16 to 50, most of them are orphans and belongs to family of below poverty line. Poly Garden render occupation therapy such as preparation of poly bags - nursery, vegetable garden and seed packets. They help in paddy cultivation Nurturing orchard Tasks in rubber plantation which is the programme emphasizing on rubber cultivation and allied works. They are co-operating with rubber tappers and collect at present 17 barrels (each barrel contains 200 liters capacity) of rubber milk within a period of 10 days. This latex (rubber milk) collected by mentally retarded boys are profitable and it helps the organisation to meet the partial expenses of Poly Garden the residential center. This will help to solve a big problem of rehabilitating almost 100 mentally abandoned persons. Experienced and technically qualified persons are available to help them

Health check-up & counselling

The 5th batch of Nehru College of Nursing (4th year) has organised a health assessment & referral services for the mentally challenged inmates of Polygarden as a part of community outreach programme. The programme was held on 18th Jan 2020. The programme was organised as 2 sessions. In the morning session the students have conducted the general health assessment & mental status examination of the inmates. In this session we have monitored the anthropometric measurements, vital signs, blood glucose monitoring physical examination, & Mental status examination. The main problems that could identify were poor



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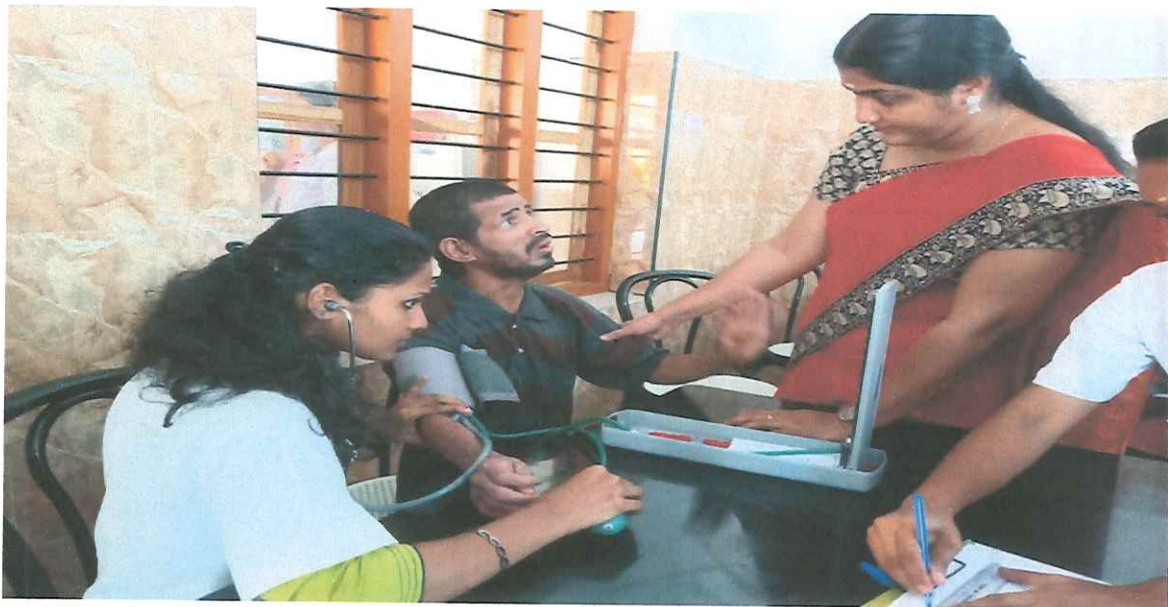
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oral hygiene, & dental carries, poor personal hygiene, increased blood sugar & increased blood pressure.

In the afternoon session, counselling and recreational programmes was organized for the inmates. The psychological symptoms & behavioural abnormalities were reported by the institution in charge. Depending up on the survey of condition the patients were counselled about drug follow up and hygienic practices. Few patients were suggested for psychological counselling and they were referred to P K Das Institute of Medical Sciences. After this session the students conducted recreational programmes for the inmates & they actively participated in all events.

The camp was very much beneficial for the inmates of Polygarden. By this we could identify new cases of Diabetes Mellitus, Hypertension & other health issues in them and almost 10 were referred for both medical & psychological treatment at PK Das Institute of Medical Sciences.



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COUNSELLING SESSION



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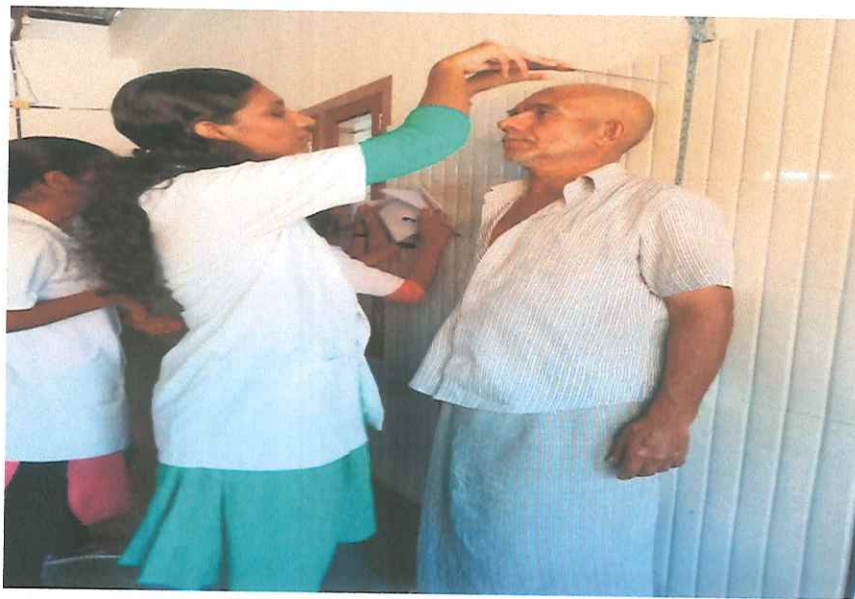


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20	MARY SALIGA.P.R	Present
21	MUHAMMED ARSHED.K.T	Present
22	NEENA CHACKO	Present
23	PRAVEENA PAUL	Present
24	R.V.VYSHNAVI	Present
25	SARANYA.C.S	Present
26	SARANYA.V	Present
27	SHABANA.M.S	Present
28	SHALU VARGHESE	Present
29	SHYMA JOSE	Present
30	SHYMA.P.SHAJAN	Present
31	SREEJA.S	Present
32	SREELAKSHMI.B	Present
33	SUMI.K.S	Present
34	SUVARNA.M	Present
35	SWATHY.A	Present
36	SWETHA.P.S	Present
37	UMMUSALMA.M.S	Present
38	VANL.V.V	Present




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PANAYUR (PO), VANIYAMKULAM



FEED BACK FORM

Name: ... Archa. M

Date .. 18/1/20

Name of the Programme Health assessment on mentally and physically challenged

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme					
2	Organization of programme		✓			
3	Relevance.		✓			
4	Presentation			✓		
5	Interactive session		✓			
6	Team work performance		✓			
7	Professional competence within the programme		✓			
8	Usefulness in your future career, opportunities			✓		
9	Overall experience in the programme		✓			
10	Information sharing to others		✓			
General comments and Suggestions: <u>Good</u>				✓		

General comments and Suggestions: Good

Signature: [Signature]

Name: Archa. M



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NCN/CIR/PDP/112/20/08

15-04-2020

CIRCULAR

Nehru College of Nursing is organizing "ENFANCE EPEIGON -INTERNATIONAL WORKSHOP ON CHILDHOOD EMERGENCIES" on 20-04-2020 at Multipurpose Hall, Nehru College of Nursing. All are instructed to attend the same.

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ENFANCE EPEIGON
INTERNATIONAL WEBINAR
ON CHILDHOOD
EMERGENCIES

DATE: 20/04/2020



Gp-Sm

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ENFANCE EPEIGON (INTERNATIONAL WORKSHOP ON CHILDHOOD EMERGENCIES)

The workshop was led by eminent speakers from various aspects of Paediatric Health from national & international levels. The program officially started on 20th April 2020 with the inaugural session by lighting the lamp by Mrs Smitha Krishna's (Management representative NGI). Prof. Mrs Tamil Selvi P, (Principal Nehru College of Nursing) welcomed the gatherings. The official session concluded with a token of gratitude by Mrs. Vanya, (Vice Principal of Nehru College of Nursing), Mrs. Sumitha Krishna Das (Management representative NGI) honored the speaker of the day, Dr. Ravikumar MD Neonatologist with a token of love on behalf of NCN. This was followed by a session regarding **Neonatal Advanced Life support (NALS) and Paediatric Advanced Life support (PALS)** by Dr. Ravikumar, M D (Neonatologist of PK Das institute of Medical Science) which also had an outstanding practical session regarding both. After the sessions students performed the return demonstration of the same and students obtained hands on experience in paediatric advanced life support. On 20th April 2020, Mrs Aswani.B (Assistant Professor, Nehru College of Nursing) had a session on '**Drowning**'. The other session regarding '**Foreign Body Aspiration and Chocking**', by Mr. Mathews'. Joy (Registered Nurse, princess Royal Hospital, Heyward's Health, England) was held. Dr. Nandhini Mannadath (Assistant professor, Department of Nursing, College of Health and Sports sciences, University of Bahrain, Manama, Kingdom of Bahrain) dealt with a session on "**Poisoning**". In the afternoon sessions students had a detailed practical session of "**Chocking and Drowning Management**" by Mrs. Krishnapraba, P.K (Lecturer, Nehru College of Nursing). Last sessions of the work shop regarding **Paediatric Trauma** were conducted by Mrs. Rani. GS, Assistant Professor, Nehru College of Nursing.




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ATTENDANCE SHEET

NAME OF THE PROGRAMME : *Epifania Epiphany*

DATE : *20/04/20*

S NO	NAME OF THE STUDENT
1.	ACHSAH N CHERIAN
2.	AKHILA. K
3.	ALEN CHERIAN
4.	ALOUSIYA RACHEL VARKEY
5.	ALPHONSA GEORGE
6.	AMAYA
7.	ANAGHA MOHAN V
8.	ANAGHA SURESHKUMAR
9.	ANEENA JOSHY
10.	ANGEL ROSE V J
11.	ANISHA.M.R
12.	ANJALI L
13.	ANJANA MARY JOSE
14.	ANJU SAJU
15.	ANNU ROSE JOJY
16.	ANSIL SHABU
17.	ANU A J
18.	APARNA A S
19.	APARNA S ANILKUMAR
20.	ARUN K
21.	ASHNA C REJI
22.	ASSIYA SIDHIQUE
23.	ASWATHI.K.SUDHEER
24.	ATHIRA.M.S
25.	AYANA E M
26.	BEJEENA ELDHOSE
27.	BILGA JOHNSON
28.	BITTY BIJU
29.	CHANDANA V M
30.	CHARUTHA M P
31.	CHELSIYA NIXON



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32.	CHINCHU.C P
33.	DIYA ROSE K.J
34.	DONA ROSE THOMAS
35.	EMILI ELSA ABRAHAM
36.	GEETHANJALI M K
37.	HARITHA GOPINATH
38.	HARITHA R NAIR
39.	HILDA CHRISTINA MANUEL
40.	JITHISHA A
41.	JIYA MARY THOMAS
42.	JOSNA C JOSEPH
43.	KESIYA.P.J
44.	KRIPA JOSE
45.	MERIN ALIAS
46.	MUHAMMED MIDLAJ K T
47.	NIRADEVI P B
48.	RIYA MOL K L
49.	RIZANI FATHIMA
50.	ROHITHA C
51.	RONIYA MARIYA BIJUMOL
52.	ROSHNI UP
53.	SALU K B
54.	SANGEETHA.P.D
55.	SARANYA P K
56.	SNEHA.K
57.	SREENA M
58.	SRUTHI M S
59.	SWETHA K P
60.	VISHNU K

Prepared by

Verified by

Authorized by



G.P.S.M.
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**ADOLESCENT HEALTH EDUCATION &
SERVICES**



VENUE :LSN HIGH SCHOOL

DATE AND TIME : 07/02/2020

9AM TO 4 PM



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ADOLESCENT HEALTH EDUCATION & SERVICES

The aspects of school health programme were discussed with Sr. Alma Maria , Headmistress LSN LP School , Sr. Dhanya Mariya , Headmistress Lady Immaculate Junior School ,Sr. Alphine , Principal LSN High School. They gave permission to us for conduct the school health programme as per the instruction of school and programme was conducted on 07.02.2020 from 9:00am to 4:00pm. The morning session was utilized for the health assessment & health education at LSN LP School & Lady Immaculate Junior School . There were 37 students. They were divided into two groups A & B . The group A had done the health assessment at LSN LP School & group B had done health assessment at Lady Immaculate Junior School. The assessment were conducted as different sections like anthropometric assessment vital signs , dental check-up , auditory check-up , ophthalmic check-up , general health assessment

Along with the SCHOOL HEALTH PRORAMME in the after noon session health education programme was conducted for the high school students regarding adolescent health.

Health awareness classes were taken for the adolescent girls on the following topics

The topics discussed were

- Physiological changes & health issues of adolescent – Ms. Ardra
- Reproductive health – Ms. Anjana M S
- Menstrual hygiene – Ms. Fathima
- Anaemia – Ms. Deniya
- Obesity – Ms. Anjali
- Hazards of fast foods – Mr. Mohammed Arshad
- Diet in adolescent – Ms. Suvarna
- Influence of social media in life- Ms. Swathy
- Psychological issues & it's management in adolescents – Ms. Jeshma
- Substance abuse – Ms. Akhila A



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P.S.P.



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- Sexual abuse – Ms. Krishna
- National health programmes for adolescents – Mr. Abhimanyu



G. Sun
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R.R.P.

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STUDENTS LIST - 2016-2020 BATCH

Sl. No	Name	Attendance
1	ABHIMANYU.D	Present
2	AJITH.R	Present
3	AKHILA.A	Present
4	AKHILA.M	Present
5	ANJALI KRISHNA C	Present
6	ANJANA M S	Present
7	ANJU BABU	Absent
8	ANU MOL YACOB	Present
9	ARDRA.M	Present
10	ARYA MATHAI	Present
11	ATHIRA.P.A	Present
12	BINDHIYA BENNY	Present
13	DENIYA GHILBI	Present
14	DIBILA BIJU	Present
15	FATHIMA.T.A	Present
16	GOPIKA.K	Present
17	JESHMA.T.K	Present
18	KRISHNA.K	Present
19	LIBA CHERIAN	Present
20	MARY SALIGA.P.R	Present
21	MUHAMMED ARSHED.K.T	Present
22	NEENA CHACKO	Present
23	PRAVEENA PAUL	Present
24	R.V.VYSHNAVI	Present
25	SARANYA.C.S	Present
26	SARANYA.V	Present
27	SHABANA.M.S	Present
28	SHALU VARGHESE	Present
29	SHYMA JOSE	Present
30	SHYMA.P.SHAJAN	Present
31	SREEJA.S	Present
32	SREELAKSHMI.B	Present
33	SUMI.K.S	Present
34	SUVARNA.M	Present
35	SWATHY.A	Present
36	SWETHA.P.S	Present
37	UMMUSALMA.M.S	Present
38	VANI.V.V	Present



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Name: Ajith R

Date: 7/2/20

Name of the Programme: Adolescent health Education

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme					
2	Organization of programme		✓			
3	Relevance			✓		
4	Presentation		✓			
5	Interactive session		✓			
6	Team work performance		✓			
7	Professional competence within the programme			✓		
8	Usefulness in your future career opportunities		✓			
9	Overall experience in the programme		✓			
10	Information sharing to others		✓	✓		

General comments and Suggestions: Good

Signature: [Signature]
 Name: Ajith R

Name: Saranya C.R

Date: 7/2/20

Name of the Programme: Adolescent health Education

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme					
2	Organization of programme		✓			
3	Relevance	✓				
4	Presentation	✓				
5	Interactive session		✓			
6	Team work performance			✓		
7	Professional competence within the programme		✓			
8	Usefulness in your future career opportunities		✓			
9	Overall experience in the programme		✓			
10	Information sharing to others		✓			

General comments and Suggestions: Good programme

Signature: [Signature]
 Name: Saranya C.R



[Signature]
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NCN/CIR/PDP/112/20/02

27-01-2020

CIRCULAR

Class on Novel Corona Virus will be organized on 31-01-2020 at 10.00am by Dr. Abdul Nisthar,
Ass. Professor, NCN. The session will be held at multipurpose hall, Nehru College of Nursing.

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NOVEL CORONA VIRUS

31.01.2020

NCN CAMPUS



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FACULTY DEVELOPMENT PROGRAMMES CONDUCTED IN THE YEAR 2020

JOURNAL CLUB PRESENTATION IN 2020

✚ TOPIC: “ *Novel corona virus* “

Mr. ABDUL NISTHAR Associate professor NCN had presented a topic “ NOVEL CORONA VIRUS “ on 31st January 2020 at campus auditorium

TOIC SUMMARY : COVID-19 is an acute respiratory disease caused by SARS-CoV-2, a novel coronavirus closely related to SARS-CoV. The virus is transmitted person-to-person by both symptomatic and asymptomatic persons through close contact (within 6 feet) via respiratory droplets. Transmission may also occur via aerosols and possibly through contact with fomites, although this is not thought to be a primary route. Clinically important features of SARS-CoV-2 pathogenesis include: infection of cells via binding of the viral spike protein to angiotensin-converting enzyme 2 (ACE2) receptors, with cell entry requiring type 2 transmembrane serine protease to cleave ACE2 receptor and activate viral spike protein. Infection of nasal and bronchial epithelial cells and pneumocytes early in infection. Acceleration of viral replication and compromise of epithelial-endothelial barrier integrity in later stages, resulting in a dysregulated inflammatory response and a hypercoagulable state. Dysregulation of renin-angiotensin-aldosterone system, which may also contribute to infection-related tissue damage.

The presentation was really relevant & informative. After presentation there was a discussion session in which all the faculties asked their queries & presented their ideas & knowledge regarding the topic. The entire session finished in one hour.



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P. R. S.

Name: Abhimanyu P

Name of the Programme NOVEL CORONA VIRUS

Date 3/11/20

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme	✓				
2	Organization of programme		✓			
3	Relevance		✓			
4	Presentation	✓				
5	Interactive session	✓				
6	Team work performance	✓				
7	Professional competence within the programme	✓				
8	Usefulness in your future career opportunities		✓			
9	Overall experience in the programme	✓				
10	Information sharing to others	✓				

General comments and Suggestions:

Signature [Signature]

Name: Abhimanyu P

Name: P. Anitha P.K.

Name of the Programme NOVEL CORONA VIRUS

Date 3/11/20

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme	✓				
2	Organization of programme		✓			
3	Relevance		✓			
4	Presentation	✓				
5	Interactive session		✓			
6	Team work performance		✓			
7	Professional competence within the programme		✓			
8	Usefulness in your future career opportunities		✓			
9	Overall experience in the programme	✓				
10	Information sharing to others	✓				

General comments and Suggestions:

Signature [Signature]

Name: Anitha P.K.



[Signature]

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NCN/CIR/PDP/112/20/09

20-04-2020

CIRCULAR

Nehru College of Nursing is organizing 'WORLD MALARIA DAY' on 25-04-2020 at Multipurpose Hall, Nehru College of Nursing. All are instructed to attend the same.

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• NEHRU COLLEGE OF NURSING

25 APRIL, 2020

WORLD
MALARIA
DAY



G. Sum
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WEBINAR ON WORLD MALARIA DAY 2020

The Department of Community Health Nursing of Nehru College of Nursing had organized a webinar on 25th April 2020 at NCN auditorium with regards to WORLD MALARIA DAY 2020. Prof. Zaina Elizabeth Jose, Head, CHN welcomed the gathering. An awareness session on Malaria was delivered by Dr. Binu Babu, Associate Professor, Department of Medical Surgical Nursing. All the four year of study of B.Sc. Nursing students attended the webinar. These kinds of well informative & insightful sessions really helped the students to gain more knowledge. The event concluded with a vote of thanks by Mrs Rose Jose.

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PANAYUR (PO) VANIYAMKULAM

ATTENDANCE SHEET (2016-2020)

Sl. No	Name
1	Abhimanyu .D
2	Ajith .R
3	Akhila .A
4	Akhila.M
5	Anjali Krishna.C
6	Anjana.M.S
7	Anju Babu
8	Anumol Yacob
9	Ardra.M
10	Arya Mathai
11	Bindhiya Benny
12	Deniya Ghilby
13	Dibila Biju
14	Fathima T.A
15	Gopika K
16	Jeshma T.K
17	Athira P.A
18	Krishna.K
19	Liba Cheriyan
20	Mery Saliga P.R
21	Muhammed Arshad K.T
22	Neena Chacko
23	Praveena Paul
24	R.V.Vyshnavi
25	Saranya.V

World Malaria
Day
25/04/2020

G.P.Sunil

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**“A STUDY TO ASSESS THE MENTAL WELLBEING
AND ITS ASSOCIATED FACTORS AMONG
MIGRANTS IN OTTAPALAM TOWN,
PALAKKAD”**



**ABHIMANYU.D, ANJALI KRISHNA, ARDRA.M, DENIYA GHILBI,
JESHMA T.K, SARANYA.V, SHYMA.P.SHAJAN,
SREEJA.S, SWATHY.A**

Nehru college of Nursing, Vaniyamkulam

**DISSERTATION SUBMITTED IN PARTIAL FULFILLMENT OF THE
REQUIREMENTS FOR THE DEGREE OF BACHELOR OF SCIENCE IN
NURSING**

KERALA UNIVERSITY OF HEALTH SCIENCES

2019



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KERALA - 679522**

CERTIFICATE BY THE GUIDE

This is to certify that the dissertation entitled "A Study to assess the mental wellbeing and its associated factors among migrants in Ottapalam town, Palakkad" is a bonafied research work done by Abhimanyu .D, Anjali krishna, Ardra.M, Deniya Ghilbi, Jeshma T.k, Saranya.V, Shyma.P.Shajan, Sreeja.S, Swathy.S.in partial fulfillment of the requirement of the degree of bachelor of science in Nursing.

Date: 20/08/19

Vaniyamkulam



Signature of Guide

Mr.Sudhen Sumesh Kumar.MSc(N)

Associate Professor

Department of Mental Health Nursing

Nehru College Of Nursing,

Vaniyamkulam.



Mr.Shahul Hameed Msc (N),

Assistant professor

Department Of Medical

Surgical Nursing

Nehru College Of Nursing,

Vaniyamkulam.




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ENDORSEMENT BY THE PRINCIPAL

This is to certify that dissertation entitled "A Study to assess the mental wellbeing and its associated factors among migrants in Ottappalam town, Palakkad" is a bonafied research work done by Abhimanyu.D , Anjali Krishna , Ardra.M , DeniyaGhilbi, Jeshma T.K, Saranya .V, Shyma. P. Shajan, Sreeja.S, Swathy.A, in partial fulfillment of the requirement of the bachelor of science in Nursing.


Signature of Principal

Prof.Mrs.Tamilselvi.P

M.Sc (N), M.phil.

Principal,

Nehru College Of Nursing

Vaniyankulam.

Date: 2018/2019.

Place: Vaniyankulam




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ABSTRACT

Background of the study

Migration is an aggregate phenomenon in both macro economic and social demographic perspective. The states of Kerala do have issues of migrants in many dimensions such as social, economical, legal, demographical and psychological. The number of Kerala emigrants as estimated by the migration survey in 2014 is 23.63 lakhs. The money flowing from abroad and good climatic condition prevailing in Kerala act as catalyst and as the pulling factors of migration. Kerala having highest literacy rate and better education facilities. High linguistic, social and cultural differences with their state make migrant labours to feel Kerala is a alien society. Cultural differences, rituals, habits etc increase the feeling of alienation. Negative attitude of people especially at work place increases psychological disturbances in migrants.

This study is conducted to understand the psychological wellbeing of migrants' labours in Kerala.

Statement of the problem

A study to assess the level of mental well being and its associated factor among the migrants in Ottapalam town,, Palakkad.

Objectives of the study

- To assess the level of mental well being and its associated factors among the migrants in Ottapalam.


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ABSTRACT

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Migration is an aggregate phenomenon in both macro economic and social demographic perspective. The states of Kerala do have issues of migrants in many dimensions such as social, economical, legal, demographical and psychological. The number of Kerala emigrants as estimated by the migration survey in 2014 is 23.63 lakhs. The money flowing from abroad and good climatic condition prevailing in Kerala act as catalyst and as the pulling factors of migration. Kerala having highest literacy rate and better education facilities. High linguistic, social and cultural differences with their state make migrant labours to feel Kerala is a alien society. Cultural differences, rituals, habits etc increase the feeling of alienation. Negative attitude of people especially at work place increases psychological disturbances in migrants.

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- To assess the level of mental well being of migrants in Ottapalam
- To identify the factor associated with the level of mental well being of migrants
- To associate the factor with the mental well being with the developmental variable

Method

A non experimental descriptive design was used for this study. The migrants, who is between the age group of 20-50 years in Ottappalam was selected as study subjects. A questionnaire including WHO-5 Wellbeing index and a self structured questionnaire was used to assess the level of mental wellbeing and its associated factors. The collected data was analysed by inferential and descriptive statistics.

Result

The mental wellbeing score was obtained 52.2(mean) out of 100 after assessing the level of mental wellbeing among migrants in Ottappalam town, Palakkad. According to the age group between the mental wellbeing is increase the age increases. The association of mental wellbeing with different demographic variables was as follows:

- In age group between 40-50 years shows higher mental wellbeing(100% above mean)
- In religion Muslims shows higher mental wellbeing(57.7% above mean)
- In marital status unmarried shows higher wellbeing(66.6% above mean)



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- In educational status migrants studied above 10th standard shows higher mental wellbeing (80% above mean) The association of mental wellbeing with different socioeconomic variables was as follows.
- In monthly income migrants receiving above 20000 shows higher mental wellbeing(100 % above mean)
- In family migrants living without family shows higher mental wellbeing(75% above mean)
- In home facilities migrants having good home facilities shows higher mental wellbeing(60% above mean)
- In institutional wellbeing migrants having moderate institutional facilities shows higher mental wellbeing(52% above mean)
- In year of migration migrants came between 2010 -2015 shows higher mental wellbeing(58.8%above mean)
- In reason for migration migrants came for job shows higher mental wellbeing(52.2% above mean)

Interpretation and conclusion

Findings of the study showed that the mental wellbeing of migrants in Ottappalam town, is influenced by the demographic and socio economic variables .Hence study implies that the assess the level of mental wellbeing and its associated factors among migrants is an effective strategy for getting information and knowledge of mental wellbeing regarding migrants who were in the hospital . There is no association with any of the demographic and socio economic variables.

Key words

Assess, level of mental wellbeing, migrants in Ottappalam town,, Palakkad

G. S. N.

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**“EFFECTIVENESS OF STRUCTURED TEACHING
PROGRAMME ON KNOWLEDGE AND ATTITUDE
REGARDING MANAGEMENT OF DIABETES
MELLITUS AMONG FAMILY
MEMBERS IN SELECTED
AREA AT ARANI”**



BY

**AKHILA.M, ANUMOL YACOB,
ATHIRA.P.A, BINDHIYA BENNY, FATHIMA.T.A, MARY
SALIGA.P.R, NEENA CHACKO, SHABANA.M.S AND
SUVARNA.M**


**NEHRU COLLEGE OF NURSING ,
VANIYAMKULAM**

**DISSERTATION SUBMITTED IN PARTIAL
FULFILLMENT OF THE REQUIREMENTS FOR THE
DEGREE OF BACHELOR OF SCIENCE IN NURSING**

**KERALA UNIVERSITY OF HEALTH
SCIENCES**

2019




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This is to certify that the dissertation entitled "Effectiveness of structured teaching programme on knowledge and attitude regarding management of diabetes mellitus among family members in selected area at Arani." Is a bonafied research work done by Akhila.M, Anumol Yacob, Athira.P.A, Bindhiya Benny, Fathima.T.A, Mary Saliga.P.R, Neena Chacko, Shabana.M.S, Suvarna.M in partial fulfillment of the requirement of the degree of batchelor of science in Nursing.

Signature of Guide

Date: 16/8/2019

Prof.Lavanya.MSc(N)

Vaniyamkulam

Professor

Department of Medical Surgical Nursing





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Date:

Place: vaniyankulam


Signature of principal


Prof. Mrs. Tamilselvi.M.Sc(N)

principal

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Vaniyankulam




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ABSTRACT

Background of the study

Diabetic mellitus is a chronic, lifelong condition and it is commonly referred to as diabetes, a group of metabolic disorders in which there are high blood sugar levels. It includes frequent urination, increased hunger. Diabetes was discovered around 1500 B.C. The first discovery was done by Europeans although they viewed it as a condition that was completely rare since a person lost a lot of weight and excessively urinated.

Diabetes is fast gaining the status of a potential epidemic in India with more than 62 million diabetic individuals currently diagnosed with the disease in 2000, India (31.7 million) topped the world with the highest number of people with DM followed by China (20.8 million) with the United States (17.7 million) in second and third place respectively. According to Wild et al. The prevalence of diabetes is predicted to double globally from 171 million in 2000 to 366 million in 2030 with a maximum increase in India.

Statement of the study

Effectiveness of structured teaching programme on knowledge and attitude regarding management of diabetes mellitus among family members residing in Arani.



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Objectives

- To assess the knowledge and attitude of family members regarding management of diabetes mellitus among family members.
- To evaluate the effectiveness of structured teaching programme on knowledge and attitude of family members regarding management of diabetes mellitus.
- To find out association between knowledge and attitude of family members regarding management of diabetes mellitus.

Method

A pre experimental one group pre- test, post- test design was used for the study. The age group between 18-16 years at Arani. After pre- test a structured teaching programme was administered to the subject and on the same day post- test was conducted with the same structured knowledge questionnaire. The collected data was analysed by using descriptive and inferential statistics.

Result

According to standard deviation the 't' value of practices scores of subjects, in pre-test mean value is 9.7 and post-test mean value is increased as 17.4 regarding the management of diabetes mellitus. It indicate that increase the level of knowledge of subject in the post test.



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Interpretation and conclusion

The structured teaching programme was successful evidence is improving the knowledge and attitude regarding management of diabetes mellitus. Based on the findings of present study, it is concluded that risk factors and proper management of diabetes mellitus was prevalent among family members of diabetic patients and raising awareness about early detection, management and prevention of complications. There was a significant improvement in knowledge and attitude score among family members after structured teaching programmes.

Key words

Effectiveness, structured teaching programme, knowledge and attitude of management among family members at Arani.




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**EFFECT OF STRUCTURED TEACHING PROGRAMME
ON KNOWLEDGE RESPIRATORY TRACT
INFECTION AMONG MOTHERS OF
UNDER FIVE CHILDREN AT
SELECTED HOSPITAL IN
VANIYAMKULAM.**



**AJITH.R, ANJANA.M.S, ARYA MATHAI, DIBILA BIJU,
KRISHNA.K, R.V.VYSHNAVI, SHYMA JOSE, SREELAKSHMI.B,
SWETHA.P.S**

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**DISSERTATION SUBMITTED IN PARTIAL FULFILLMENT OF
THE REQUIREMENTS FOR THE DEGREE OF BACHELOR
OF SCIENCE IN NURSING**

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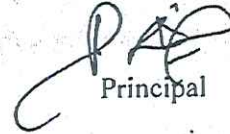
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Principal

Prof. Mrs. Tamilselvi.M.Sc (N)

Nehru College Of Nursing

Date: 16/08/19

Place: Vaniyamkulam



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ABSTRACT

BACK GROUND OF THE STUDY

Respiratory Infection or RTI represents one of the most prevalent and common diseases that affect infant and children, it ranks as one of the greatest causes of childhood mortality and morbidity especially throughout the developing countries. The national RTI control program as a component of the Healthy Mother Health Child Project (HMHCP) aimed at decreasing the percentage of infant mortality resulting from RTI. This paper reports on a study which was conducted to evaluate mother's knowledge and beliefs regarding the RTI and the role these knowledge and beliefs play with respect to early detection and management of the disease by the mothers. Results of the study have showed a statistical significant difference between mother's education and the frequency of children's attacks; and mother's ability to recognize dangerous signs of RTI. Educated and working mothers were more able to mention and identify predisposing factors and were able to take preventive measures and to engage in the management of RTI. This study has clearly shown the importance of mother's education and it is therefore, highly recommended to educate the mothers about knowledge of RTI in children.




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Statement of the problem

Effect of structured teaching programme on knowledge regarding respiratory tract infection among mothers of under five children at selected hospital in VANIYAMKULAM.

OBJECTIVES OF THE STUDY

1. To assess the pre test knowledge of the mothers of under five children in prevention of respiratory tract infection.
2. To determine the effectiveness of structural teaching programme regarding respiratory tract infection by comparing pre and post test knowledge score.
3. To find out the association between selected demographic variable with knowledge regarding prevention of respiratory tract infection.

Method

A pre experimental one group pre-test post-test design was used for the study. The mothers of under five children at selected hospital in VANIYAMKULAM. After pre-test a structured teaching programme was administered to the subjects and post-test was conducted with the same structured knowledge questionnaire. The collected data was analyzed by using descriptive and inferential statistics.

Result

The mean post test knowledge score obtained 24.2 (mean) was higher than the mean pretest knowledge score 15.8 (mean), paired t test was used to find out the significant difference between the mean pretest and post test knowledge score. The calculated 't' value (11.7) was found to be significant at 0.05 level.



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This shows that STP was effective in increasing the knowledge of The mothers of under five children regarding respiratory tract infections . There was not a significant association between the pre-test knowledge score with the demographic variables like age, education, occupation, locality, previous knowledge, regarding respiratory tract infections.


Interpretation and Conclusion

Findings of the study showed that the knowledge score of were mothers of under five children at selected hospital in VANIYAMKULAM very less before the STP. The STP facilitated them to gain more knowledge about respiratory tract infection , which was evident from the post-test knowledge score .Hence study implies that the STP is an effective strategy for providing information and to improve knowledge of mothers of under five children .

Key words

Effectiveness structured teaching programme, knowledge, mothers of under five children in VANIYAMKULAM.




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06-08-2019

CIRCULAR

Nehru College of Nursing is organizing 'ANTI RAGGING AWARENESS CAMPAIGN on 16-11-2019 at Multipurpose Hall, Nehru College of Nursing. All are instructed to attend the same.

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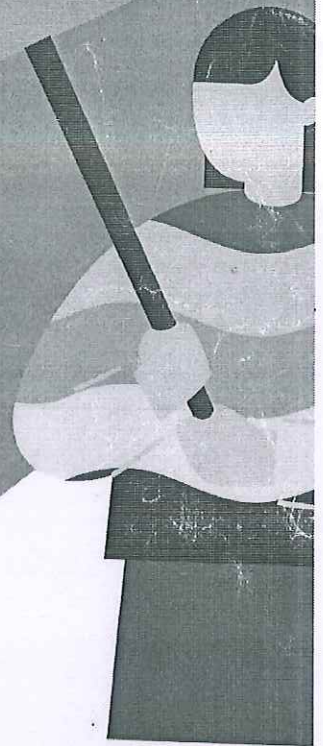



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ANTI RAGGING AWARENESS ORIENTATION PROGRAMME



VENUE: NCN
AUDITORIUM



ON 16.11.2019
AT 2PM



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Report on Anti Ragging Awareness Orientation Programme

New academic year started in the month of October 2019, the institution have planned to conduct anti ragging awareness orientation programme to the entire college students. The meeting arranged on 16.11.2019 at 2 PM .The meeting started with one minute silent prayer and Mr. Shahul Hameed, Asst.Professor of Nehru College of Nursing introduced the speaker. Adv. Prabha Shankar described regarding the ragging and the law related with the ragging. He has stated the Kerala Prohibition of ragging ACT, 1998 Commenced in the year 1998; it extends the whole of the state of Kerala. He also discussed ragging as an activity which cause physical and psychological harm, for the prohibition of ragging the need of placing sign board of ragging is prohibited, making/ organizing ARC in the educational institution. He also pointed on the punishment measures such as penalty and imprisonment for a term may extent to two years fine may extend to Rs 10,000, Dismissal: students shall not be admitted for a period of three years from the place of order. Suspension: written complaints to the head of the institution within seven days of the receipt of the complaint enquire in to the matter, if it found true suspend the student immediately and forward complaint to police station, Deemed abetment: if the head of the institution fails/neglect to take action sudden person shall be deemed to have abated the offence of ragging and be punished.

He explained regarding the ragging prohibition act in detail and allowed the students for open discussion. Speaker has cleared all their doubts and meeting ended with the vote of thanks by fourth year student Ms. Swathy.



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Abdul Nishar TA

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Abdul Nishar TA

Name

Principals

Designation

NSG Tutor

Designation

Asso Prof

Designation

Prof. Tamil Selvi



Anti Ragging Awareness Orientation Programme

Students List

SL. NO.	NAME	Year
1.	Aadil Mathew	1 st year
2.	Adithya. D. S	1 st year
3.	Aiswaryalakshmi. M. M	1 st year
4.	Ajanya. P	1 st year
5.	Ajith. M. P	1 st year
6.	Aksa Ciji	1 st year
7.	Aleena Babu	1 st year
8.	Aleena Naiju	1 st year
9.	Aleena Thomas	1 st year
10.	Aleena. K. Thomas	1 st year
11.	Aleena. V. George	1 st year
12.	Amala Thomas	1 st year
13.	Amrutha. G	1 st year
14.	Anakha. K. S	1 st year
15.	Aneetta Riya Roy	1 st year
16.	Angel Ros Biju	1 st year
17.	Anisha. V. G	1 st year
18.	Anit Emmanuel	1 st year
19.	Anju Raju	1 st year
20.	Annaina J Tom	1 st year



G. S. S. M.
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Ashwini Nisha TA

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Authorized by

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Designation :

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21.	Archana. T. P	1 st year
22.	Arya. M . K	1 st year
23.	Arya. S	1 st year
24.	Asha Maria Thomas	1 st year
25.	Ashly Mariya Paul	1 st year
26.	Athira Deepak	1 st year
27.	Bhavya. K	1 st year
28.	Bhavya. P	1 st year
29.	Blessy. K. Eldho	1 st year
30.	Brail Philip Mathew	1 st year
31.	Chippy Wilson	1 st year
32.	Dayana. C. J	1 st year
33.	Devika. R. J	1 st year
34.	Dhiya Davis	1 st year
35.	Farshidha. E. B	1 st year
36.	Gayathri. P. T	1 st year
37.	Geethu. P	1 st year
38.	Haritha. S. Prakash	1 st year
39.	Jesna. C. J	1 st year
40.	Jthin. K. Joju	1 st year
41.	Krishna . M Shaji	1 st year
42.	Lakshmi. K. Shamej	1 st year
43.	Majitha	1 st year
44.	Minumol. B. K	1 st year



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45.	Mohammed Shaheen. T	1 st year
46.	Mohyudheen Nishad. U	1 st year
47.	Navya. K	1 st year
48.	Ninu. K. J	1 st year
49.	Preskilla Pramod	1 st year
50.	Rahuldas. K. R	1 st year
51.	Renjima. M. R	1 st year
52.	Revathy. P. M	1 st year
53.	Shamseena. S	1 st year
54.	Sneha. K	1 st year
55.	Sona Saji	1 st year
56.	Sreelakshmi. P. V	1 st year
57.	Swetha. S	1 st year
58.	Varsha. A	1 st year
59.	Vinduja. R	1 st year
60.	Vismaya. K. V	1 st year
61.	Achshah Cherian	2 nd year
62.	Akhila K	2 nd year
63.	Alen Cherian	2 nd year
64.	Alousiya Rachel	2 nd year
65.	Alphonsa George	2 nd year
66.	Amaya. S. V	2 nd year
67.	Anagha Mohan V	2 nd year



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69.	Aneena Joshi	2 nd year
70.	Angel Rose	2 nd year
71.	Anisha M R	2 nd year
72.	Anjali L	2 nd year
73.	Anjana Mary Jose	2 nd year
74.	Anju Saju	2 nd year
75.	Annu Rose	2 nd year
76.	Ansil Shabu	2 nd year
77.	Anu A J	2 nd year
78.	Aparna As	2 nd year
79.	Aparna S Anil Kumar	2 nd year
80.	Arun K	2 nd year
81.	Ashna C Reji	2 nd year
82.	Assiya	2 nd year
83.	Aswathy K Sudheer	2 nd year
84.	Athira Ms	2 nd year
85.	Ayana E M	2 nd year
86.	Begeena Eldhose	2 nd year
87.	Bilga Johnson	2 nd year
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89.	Chandana	2 nd year



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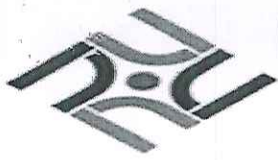
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91.	Chelsiya	2 nd year
92.	Chinchu	2 nd year
93.	Diya Rose	2 nd year
94.	Dona Rose Thomas	2 nd year
95.	Emily Elsa Abraham	2 nd year
96.	Geethanjani	2 nd year
97.	Haritha Gopinath	2 nd year
98.	Haritha R Nair	2 nd year
99.	Hilda	2 nd year
100.	Jithisha	2 nd year
101.	Jiya Mary Thomas	2 nd year
102.	Josna	2 nd year
103.	Kesiya	2 nd year
104.	Kripa Jose	2 nd year
105.	Merin	2 nd year
106.	Muhammed Midhlaj	2 nd year
107.	Niradevi P B	2 nd year
108.	Riyamol	2 nd year
109.	Rizani Fathima	2 nd year
110.	Rohitha C	2 nd year
111.	Roniya Mariya	2 nd year



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113.	Salu K B	2 nd year
114.	Sangeetha	2 nd year
115.	Saranya	2 nd year
116.	Sneha K	2 nd year
117.	Sreena	2 nd year
118.	Sruthy	2 nd year
119.	Swetha K P	2 nd year
120.	Vishnu K	2 nd year
121.	Akhila.K.S	3 rd year
122.	Anamika.P.S	3 rd year
123.	Angel Thomas	3 rd year
124.	Anjana Suresh	3 rd year
125.	Anjana.T.R	3 rd year
126.	Anshid Rahman	3 rd year
127.	Aswitha Paulose	3 rd year
128.	Chelsy Saju	3 rd year
129.	Gloriya Sunny	3 rd year
130.	Jewel Jose	3 rd year
131.	Jomol.V.Salamon	3 rd year
132.	Noufiya.K.P	3 rd year
133.	Rajendran.R	3 rd year



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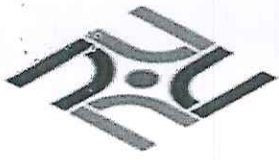
Verified by

Authorized by

Signature : *Sorita*
Name : Sorita S
Designation : Ncg Tutor

Signature : *Asw*
Name : Asw Insa
Designation : Asw Insa

Signature : *PK DAS*
Name : Prof. Ramil Sekri
Designation : Principal



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134.	Rosmy Vincent	3 rd year
135.	Sandra.U.S	3 rd year
136.	Shobitha Jose	3 rd year
137.	Aleena Rose Siby	3 rd year
138.	Aleena Thomas	3 rd year
139.	Alkesh.P.J	3 rd year
140.	Alvy Paul	3 rd year
141.	Anjana Jolly	3 rd year
142.	Archana.K.S	3 rd year
143.	Ashique.V	3 rd year
144.	Divya.P.K	3 rd year
145.	Dona Joseph	3 rd year
146.	Jesiny Joy	3 rd year
147.	Jesna Devis	3 rd year
148.	Linu Lanimon	3 rd year
149.	Manisha.P.M	3 rd year
150.	Mereena Mathew	3 rd year
151.	Nimisha Biju	3 rd year
152.	Rincy.P.M	3 rd year
153.	Saranya Chandran	3 rd year
154.	Shilu Shaju	3 rd year
155.	Shinas.P.P	3 rd year

Prepared by

Signature

Name

Designation

[Signature]
Soutis
Nsg Tutor

Verified by

Signature

Name

Designation



[Signature]
Abdul Nishtar SIA
Asst-Prof

Authorized by

Signature

Name

Designation

[Signature]
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[Signature]
Prof Tamil Selva
Principal

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College Campus: Panayur Post, Vaniyamkulam, Ottappalam, Palakkad Dist., Kerala, Pin: 679 522
Phone: 0466 - 2226000, E-mail: info@nehrunursing.com, Web: www.nehrunursing.com



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156.	Sreechithra.C	3 rd year
157.	Tincy.N.T	3 rd year
158.	Vinaya.S	3 rd year
159.	Vishnupriya Soman	3 rd year
160.	Jidhin V	3 rd year
161.	Abhimanyu .D	4 th year
162.	Ajith .R	4 th year
163.	Akhila .A	4 th year
164.	Akhila.M	4 th year
165.	Anjali Krishna.C	4 th year
166.	Anjana.M.S	4 th year
167.	Anju Babu	4 th year
168.	Anumol Yacob	4 th year
169.	Ardra.M	4 th year
170.	Arya Mathai	4 th year
171.	Bindhiya Benny	4 th year
172.	Deniya Ghilby	4 th year
173.	Dibila Biju	4 th year
174.	Fathima T.A	4 th year
175.	Gopika K	4 th year
176.	Jeshma T.K	4 th year
177.	Athira P.A	4 th year



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Signature

Souti S

Name

Souti S

Designation

Ncg Tutor

Verified by

Signature

Abdul Nustha TA

Name

Abdul Nustha TA

Designation

Asso-Prof

Authorized by

Signature

P.L.S

Name

Prof. Tamil Selva

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Since 1968

178.	Krishna.K	4 th year
179.	Liba Cheriyan	4 th year
180.	Mery Saliga P.R	4 th year
181.	Muhammed Arshad K.T	4 th year
182.	Neena Chacko	4 th year
183.	Praveena Paul	4 th year
184.	R.V.Vyshnavi	4 th year
185.	Saranya.V	4 th year
186.	Shabana.M.S	4 th year
187.	Shalu Varghese	4 th year
188.	Shyma Jose	4 th year
189.	Shyma.P.Shajan	4 th year
190.	Sreeja.S	4 th year
191.	Sreelakshmi.B	4 th year
192.	Sumi.K.S	4 th year
193.	Suvarna.M	4 th year
194.	Swathy.A	4 th year
195.	Swethap.S	4 th year
196.	Ummusalma.M.S	4 th year
197.	Vani.V.V	4 th year



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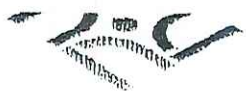
Verified by

Authorized by

Signature : *Bulib*
Name : *Souli S.*
Designation : *Asst. Tutor.*

Signature : *A. A. A.*
Name : *Abdul Nishtar TA.*
Designation : *Asst. Prof.*

Signature : *P.S.S.*
Name : *Prof. Tamil Selvi*
Designation : *Principal.*



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FEED BACK FORM

Name: ... Liba cheeliam

Date 16/1/19

Name of the Programme Antiragging

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme					
2	Organization of programme	✓				
3	Relevance	✓				
4	Presentation	✓				
5	Interactive session	✓				
6	Team work performance	✓				
7	Professional competence within the programme	✓				
8	Usefulness in your future career opportunities	✓				
9	Overall experience in the programme	✓				
10	Information sharing to others	✓				

General comments and Suggestions:

Signature:

Name: Liba



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FEED BACK FORM

Name: ... Prameena

Date 16/1/19

Name of the Programme Anti Ragging

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme					
2	Organization of programme		✓			
3	Relevance		✓			
4	Presentation		✓			
5	Interactive session		✓			
6	Team work performance		✓			
7	Professional competence within the programme		✓			
8	Usefulness in your future career opportunities		✓			
9	Overall experience in the programme		✓			
10	Information sharing to others		✓			

General comments and Suggestions:

Signature:

Name: Prameena



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VALUE ADDED COURSE

TOPIC : HUMAN VALUES AND PROFESSIONAL ETHICS

DURATION : 3days

1/6/2019- 4/6/2019


RESOURCE PERSON : Dr. SUDEER S MARAR

PARTICIPANTS : III YEAR BSC(N)

TIME : 08:30 AM – 04:30 PM

VENUE : III year Lecturer Hall




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**SYLLABUS FOR
COURSE OF
HUMAN VALUES AND PROFESSIONAL ETHICS
(BSC NURSING STUDENTS – 3RD YEAR)**

COURSE CODE:HV1920



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COURSE CONTENT

Introduction

A person who is offered a quality education is able to serve the region, the state and the nation through resourceful educational programmes. A quality based education consequently helps in upgrading the individual's growth which in turn endorses the growth of the nation. It offers Quality Education to create a personal paradigm, devoted to master the life skills required for success.

All human beings, need to understand harmony in themselves, harmony with others and harmony with rest of the nature. There is an interconnectedness, self regulation and harmony at all levels of existence and this needs to be identified by each individual. Human beings governed mainly by their pre- conditionings and sensory experiences and are generally very hesitant to analyze them. However, once a break through is achieved, the subsequent journey is very smooth and pleasant.

Values are our guidelines for our success - our paradigm about what is acceptable. Human behavior depends on the characters defining the identity, choosing the values and establishing the beliefs. Ethics is an activity which concerns with the investigation of moral values in moral issues.

“Human value and professional ethics” enlighten the students with the fact that right understanding about oneself and rest of the existence and living in accordance with this understanding is essential for sustained human happiness and propriety.

Title of course:

Human values and professional ethics – for BSc nursing students

Vision

To provide value based premier quality education with a nurturing and collaborative environment to a real-world innovations and future-ready solutions benefitting the community, nation and the world.




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Mission

- To offer holistic education that provides a strong grounding in nursing fundamentals.
- To provide students with real life skills and competencies beyond nursing that is highly valued by employers.
- To achieve high standards of excellence in generating and propagating knowledge in nursing.
- To inculcate discipline in students and make them professionally superior, ethically strong and socially responsible with sensitivity towards environment, diverse culture and gender equality.

Purpose

The purposes of the course are

1. Help to guide behavior and give meaning to existence.
2. Help to take right decisions and make choices in life
3. Give direction and firmness to life and help to be morally sound.
4. Help to develop ability to utilize the professional competence for augmenting universal human order.

Course description

The course is designed for BSC Nursing students helped To facilitate the development of a Holistic perspective among students towards life, profession and happiness, based on a correct understanding of the Human reality and the rest of Existence

Admission terms and conditions

The students seeking admission to this course should:

1. Be a registered nursing student with KUHS
2. Successful completion of minimum of two years prescribed Bsc. Nursing curriculum.
3. Be physically and Mentally fit
4. No. of seats – 60

Organization of the course

Distribution of the course:
Theory hours: 15 hrs



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Objectives of course :

On completion of the course the students:

- Distinguish between values and skills, and understand the need, basic guidelines, content and process of value education.
- Initiate a process of dialog within themselves to know what they 'really want to be' in their life and profession
- Understand the meaning of happiness and prosperity for a human being.
- Understand harmony at all the levels of human living, and live accordingly.
- Applying the understanding of harmony in existence in their profession and lead an ethical life.

Course of studies

Human values and professional ethics	15 hrs
--------------------------------------	--------

Medium of instruction:

Medium of instruction shall be in English

Conditions for admission to examination

1. has attended not less than 75% of the theoretical instruction hours during the year

Course Evaluation

Written Examination will be conducted by the Nehru College of Nursing.

Standard of passing

Inorder to pass a candidate should obtain 50% of marks in written exam.

Certification

A certificate awarded upon successful completion of the programme



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Placement: III year

Theory: 30 hours

Syllabus

Unit	Content	Hours
UNIT-1	<p>Introduction to value education</p> <ul style="list-style-type: none"> - Understanding Value Education - - Self-exploration as the Process for Value Education - Continuous Happiness and Prosperity – the Basic Human Aspirations - Right Understanding, Relationship and physical Facilities - Understanding Happiness and Prosperity correctly – Critical appraisal - Method to Fulfill the Basic Human Aspirations 	3 hours
Unit II	<p>Harmony in the Human Being</p> <ul style="list-style-type: none"> - Understanding Human being as the Co-existence of self ('I') and the Body - Discriminating between the Needs of the Self ('I') and the body - The Body as an Instrument of 'I' - Understanding Harmony in the self ('I') - Harmony of the self ('I') with the Body 	3 hrs
Unit III	<p>Harmony in the Family and Society</p> <ul style="list-style-type: none"> - Harmony in the Family – the Basic Unit of Human Interaction - Values in Human – to- Human Relationships Tripti;, Trust; Respect – the Foundational Value in Relationships. -Difference between intense and competence -Difference between respect and differentiation - Understanding Harmony in the Society - Vision for the Universal Human Order 	3 hrs
Unit IV	<p>Harmony in the Nature (Existence)</p> <ul style="list-style-type: none"> - Understanding Harmony in the Nature - Interconnectedness, Self-regulation and Mutual Fulfillment among the Four Orders of Nature - Realizing Existence as Co-existence at All Levels - The Holistic Perception of Harmony in Existence 	2 hrs
Unit V	<p>Implications of the Holistic Understanding – a Look at Professional Ethics</p>	4 hrs



G.P. Sankar
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KL-578522

	<ul style="list-style-type: none"> - Natural Acceptance of Human Values - Definitiveness of (Ethical) Human Conduct - A Basis for Humanistic Education, Humanistic Constitution and Universal Human Order - Competence in Professional Ethics - Strategies for Transition towards Value-based Life and Profession - professionalism 	
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Reference

Text Books:

1. R R Gaur, R Sangal, G P Bagaria, 2009, A Foundation Course in Human Values and Professional Ethics.
2. B L Bajpai, 2004, Indian Ethos and Modern Management, New Royal Book Co., Lucknow. Reprinted 2008.
3. Dr Saroj kumar and Prof. Sheenu Nayyer Universal human value and professional ethics, Thakur publication
4. Tanu Shukla / Anupam Yadahav. Human values and professional Ethics, engage learning india private limited
5. Govindharajn, Nadarajan, Senthil kumar. Professional Ethics and human values. PHI Learning.



G. S. K. V.

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List of students enrolled for value added course, for the year 2019-20

Name of the value added Course: Human values and professional Ethics

Theory Hours: 15 Hours

Year of Study : III year

Sl. No	Name
1	AKHILA K S
2	ALEENA ROSE SIBY
3	ALEENA THOMAS
4	ALKESH P J
5	ALVY PAUL
6	ANAMIKA P S
7	ANGEL THOMAS
8	ANJANA JOLLY
9	ANJANA SURESH
10	ANJANA T R
11	ANSHID RAHMAN A P
12	ARCHANA K S
13	ASHIQUE V
14	ASWITHA PAULOSE
15	CHELSY SAJU
16	DIVYA P.K
17	DONA JOSEPH
18	GLORIYA SUNNY
19	JESINY JOY
20	JESNA DAVIS
21	JEWEL JOSE
22	JIDHIN V
23	JOMOL V SALAMON
24	LINU LALIMON
25	MANEESHA P M
26	MEREENA MATHEW
27	NIMISHA BIJU
28	NOUFIYA K P
29	RAJENDRAN R



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30	RINCY P M
31	ROSMY VINCENT
32	SANDRA U S
33	SARANYA CHANDRAN
34	SHILU SAJU
35	SHINAS P P
36	SHOBITHA JOSE
37	SREECHITHRA C
38	TINCY N T
39	VINAYA S
40	VISHNUPRIYA SOMAN

Course coordinator

principal



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ATTENDANCE SHEET VALUE ADDED COURSE HUMAN VALUES AND PROFESSIONAL ETHICS

Academic year: 2019-2020

Year of study: III year BSc(N)

SL. NO	NAME OF THE STUDENTS	01/06/2019		03/06/2019		04/06/2019	
		M	E	M	E	M	E
1	AKHILA K. S	P	P	P	P	P	P
2	ALEENA ROSE SIBY	P	P	P	P	P	P
3	ALEENA THOMAS	P	P	P	P	P	P
4	ALKESH P. J	P	P	P	P	P	P
5	ALVY PAUL	P	P	P	P	P	P
6	ANAMIKA. P. S	P	P	P	P	P	P
7	ANGEL THOMAS	P	P	P	P	P	P
8	ANJANA JOLLY	P	P	P	P	P	P
9	ANJANA SURESH	P	P	P	P	P	P
10	ANJANA .T.R	P	P	P	P	P	P
11	ANSHID RAHMAN. A. P	P	P	P	P	P	P
12	ARCHANA K S	P	P	P	P	P	P
13	ASHIQUE.V	P	P	P	P	P	P
14	ASWITHA PAULOSE	P	P	P	P	P	P
15	CHELSY SAJU	P	P	P	P	P	P
16	DIVYA P.K	P	P	P	P	P	P
17	DONA JOSEPH	P	P	P	P	P	P
18	GLORIYA SUNNY	P	P	P	P	P	P
19	JESINY JOY	P	P	P	P	P	P
20	JESNA DAVIS	P	P	P	P	P	P
21	JEWEL JOSE	P	P	P	P	P	P
22	JIDHIN .V	P	P	P	P	P	P
23	JOMOL V SALAMON	P	P	P	P	P	P
24	LINU LALIMON	P	P	P	P	P	P
25	MANEESHA .P. M	P	P	P	P	P	P
26	MEREENA MATHEW	P	P	P	P	P	P
27	NIMISHA BIJU	P	P	P	P	P	P
28	NOUFIYA. K P	P	P	P	P	P	P

Course coordinator

Principal

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Pin - 679 522, Kerala



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29	RAJENDRAN .R	P	P	P	P	P	P
30	RINCY P M	P	P	P	P	P	P
31	ROSMY VINCENT	P	P	P	P	P	P
32	SANDRA U S	P	P	P	P	P	P
33	SARANYA CHANDRAN	P	P	P	P	P	P
34	SHILU SAJU	P	P	P	P	P	P
35	SHINAS. P. P	P	P	P	P	P	P
36	SHOBITHA JOSE	P	P	P	P	P	P
37	SREECHITHRA. C	P	P	P	P	P	P
38	TINCY N T	P	P	P	P	P	P
39	VINAYA .S	P	P	P	P	P	P
40	VISHNUPRIYA SOMAN	P	P	P	P	P	P

[Signature]

Course coordinator

[Signature]

Principal
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[Signature]

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VALUE ADDED COURSE FEED BACK

Academic year: 2019-20


Name of the student: Manishy

Year of study: 3rd year

Register No. 170066077

Name of course: Human Values or Professional ethics

SSL NO		EXCELLENT	VERY GOOD	GOOD	POOR
1.	The course content was relevant to my goals and interests	✓			
2.	The instructor was knowledgeable and effectively conveyed the information.	✓			
3.	The course materials and resources were well-organized and useful.	✓			
4.	The course provided practical, real-world applications.	✓			
5.	I was able to apply what I learned from the course in my personal or professional life.		✓		
6.	The course was engaging and kept my interest throughout.		✓		
7.	The course provided opportunities for interaction and discussion.	✓			
8.	Overall, I feel that this course added value to my knowledge and skills	✓			


 Signature of the student




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VALUE ADDED COURSE FEED BACK

Academic year: 2019-20

Name of the student: Jesiny Joy

Year of study: IIIrd year

Register No. 170066074

Name of course: ^{human} Values and professional ethics

SSL NO		EXCELLENT	VERY GOOD	GOOD	POOR
1.	The course content was relevant to my goals and interests	✓			
2.	The instructor was knowledgeable and effectively conveyed the information.		✓		
3.	The course materials and resources were well-organized and useful.		✓		
4.	The course provided practical, real-world applications.	✓			
5.	I was able to apply what I learned from the course in my personal or professional life.		✓		
6.	The course was engaging and kept my interest throughout.	✓	✓		
7.	The course provided opportunities for interaction and discussion.	✓			
8.	Overall, I feel that this course added value to my knowledge and skills		✓		

Jesiny

Signature of the student



G. Suresh
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VALUE ADDED COURSE FEED BACK

Academic year: 2019-20

Name of the student: *Gloriya Sivan*

Year of study: 3rd year

Register No. 170066057

Name of course: *Human values and ^{professional} ethics*

SSL NO		EXCELLENT	VERY GOOD	GOOD	POOR
1.	The course content was relevant to my goals and interests	✓			
2.	The instructor was knowledgeable and effectively conveyed the information.	✓			
3.	The course materials and resources were well-organized and useful.	✓			
4.	The course provided practical, real-world applications.	✓			
5.	I was able to apply what I learned from the course in my personal or professional life.		✓		
6.	The course was engaging and kept my interest throughout.		✓		
7.	The course provided opportunities for interaction and discussion.		✓		
8.	Overall, I feel that this course added value to my knowledge and skills		✓		

Gloriya Sivan

Signature of the student



G. Sivan
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NCN/CIR/PDP/112/19/15

20-07-2019

CIRCULAR

Nehru College of Nursing is organizing 'AGNI RAKSHAK-FIRE SAFETY & RESCUE TRAINING' on 26-07-2019 at Multipurpose Hall, Nehru College of Nursing. All are instructed to attend the same.

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- All HODs
- Academic Office Superintendent
- Committee in-charge
- To read in all B.Sc classes
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FIRE AND SAFETY RESCUE TRAINING

VENUE:NCN CAMPUS

DATE: 26/07/2019



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AGNI RAKSHAK 2019 (Fire safety & rescue Training)

Nehru College of Nursing always focuses on providing the best educational practice & programme for the students & always make them ready to face any struggles & challenges in their profession. For fulfilling this vision NCN had organized AGNI RAKSHAK (Fire and Rescue awareness training) on 26th July 2019 for the 1st year B.Sc. Nursing students in the campus.

Mr. Liju Ram, Fire & Safety Officer, PKDIMS was leading the session. After the class there was a practical session for the students & they really got an opportunity to be aware how to respond on a fire accident. The course is a very comprehensive training module designed to offer an in-depth approach to fire safety in general and also within the hospital specific environment.



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(Approved by Indian Nursing Council, Kerala Nurses & Midwives Council & Kerala Government
Affiliated to Kerala University of Health Sciences)

ATTENDANCE SHEET

NAME OF PROGRAM: PIRE AND SAFETY RESCUE TRAINING

DATE: 26/7/19

Sl.No.	Name	Signature
1	ARUANA G.P	
2	ARVA S	
3	AMALA Thomas	
4	MAITHA	
5	Aleena babu	
6	Dayana CJ	
7	Aleena K Thomas	
8	Valsha A	
9	Anja Raju	
10	Anisha VU	
11	Ceesha - P	
12	Vindya	
13	Aleena Thomas	
14	Dhruva	
15	Bhavya - K	
16	Sambhava - E.B	
17	Anetta Lynn Roy	
18	minnu Mohi B.K	
19	Jane	
20	Pranjalakshmi	
21	Aditya	
22	Aleena Babu	
23	Aksha Gij	
24	Shamreetha	
25	Ashly	
26	Crayshri	
27	Haritha	
28	Reshika	
29	Ranjina	
30	Aleena V. George	
31	Asha maria	
32	Aleena Neerju	
33	Angel Ros Bilu	
34	Jithan	
35	Ninu	
36	Rahul	
37	Shamreen	



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Prepared by

Signature: [Signature]

Name: Sruti S

Designation: Nsg Tutor

Verified by

Signature: [Signature]

Name: Abdul Nusthan TA

Designation: Asst-Prof

Authorized by

Signature: [Signature]

Name: Prof Tamil selvi

Designation: Principal



NEHRU COLLEGE of NURSING

PANAYUR (PO), VANIYAMKULAM



FEEDBACK FORM

Name: ... ATHIRA

Date ... 26/7/2019

Name of the Programme FIRE AND SAFETY RESCUE TRAINING

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme	/				
2	Organization of programme	/				
3	Relevance	/				
4	Presentation	/				
5	Interactive session	/				
6	Team work performance	/				
7	Professional competence within the programme	/				
8	Usefulness in your future career opportunities	/				
9	Overall experience in the programme	/				
10	Information sharing to others	/				

General comments and Suggestions:

Signature:

Name: ATHIRA



NEHRU COLLEGE of NURSING

PANAYUR (PO), VANIYAMKULAM



FEED BACK FORM

Name: ... SNEHA

Date ... 26/7/2019

Name of the Programme FIRE AND SAFETY RESCUE TRAINING

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme		/			
2	Organization of programme		/			
3	Relevance	/				
4	Presentation	/				
5	Interactive session	/				
6	Team work performance	/				
7	Professional competence within the programme	/				
8	Usefulness in your future career opportunities	/				
9	Overall experience in the programme	/				
10	Information sharing to others	/				

General comments and Suggestions:

Signature:

Name: Sneha



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